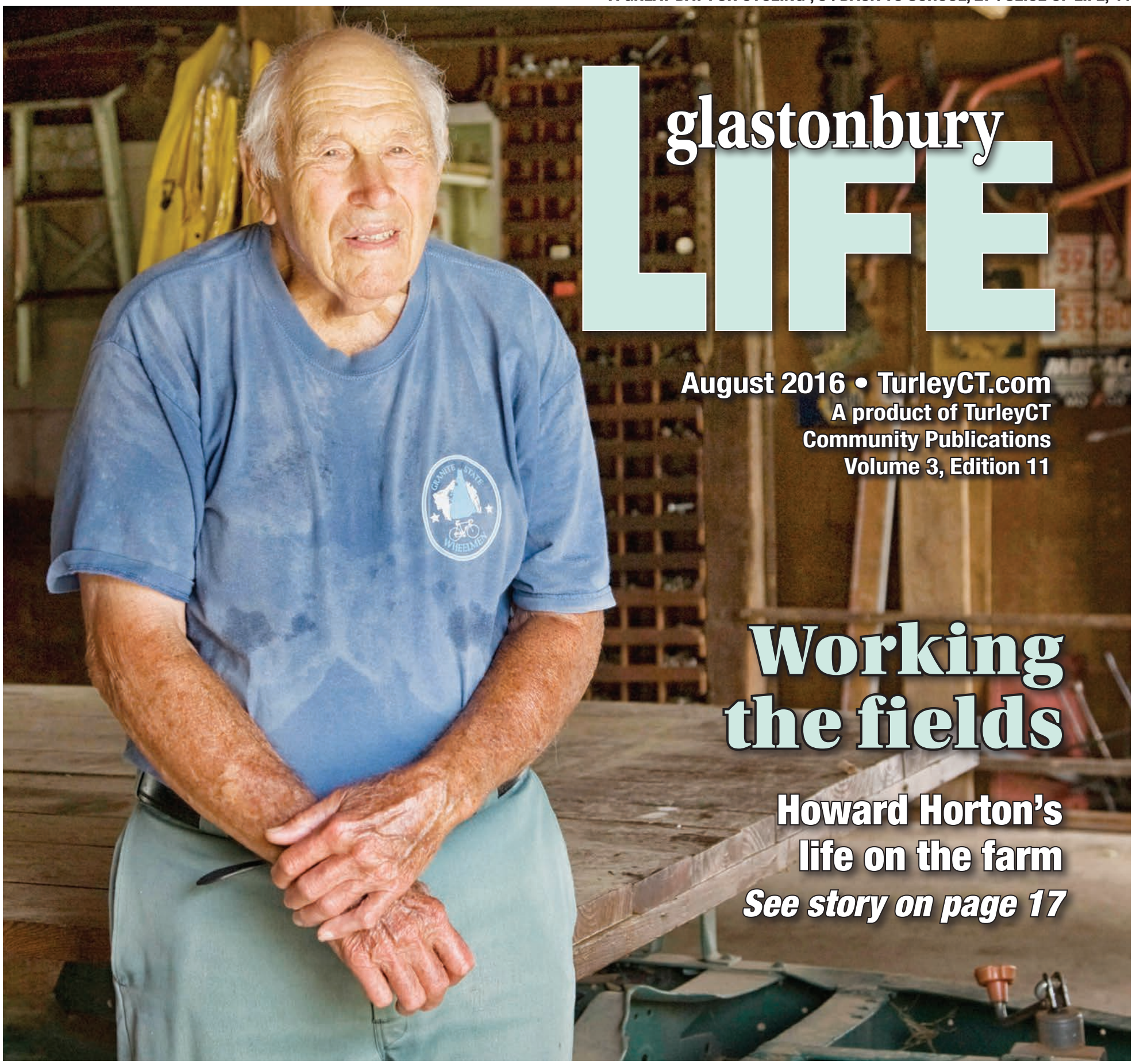
"A GREAT DAY FOR CYCLING', 8 | BACK TO SCHOOL, 27 | SLICE OF LIFE, 44



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Working the fields

Howard Horton's life on the farm

See story on page 17

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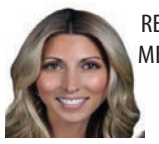
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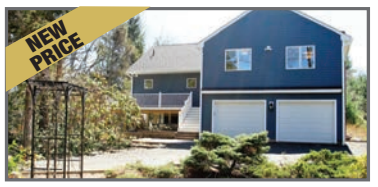

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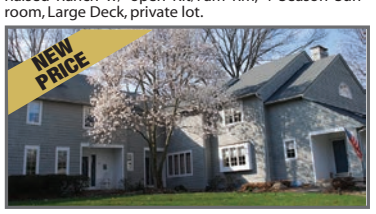

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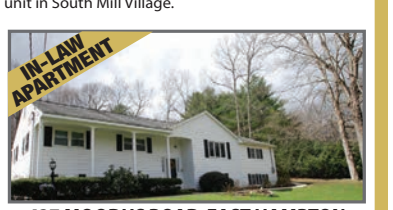

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QUOTE OF NOTE:

"He was the light of our lives." - *MaryJo Dunn, speaking about her son, Luke, who died last year when he was 17 months old.*

See story page 22

ON THE COVER

92-year-old Howard Horton continues to work on the family farm.

Photo by Lynn Damon
See story page 17

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Check out these historical gems

Museum's treasures tell the town's story

by Nancy Thompson
Editor

The Historical Society of Glastonbury's Museum on the Green and Welles-Shipman-Ward House contain a treasure-trove of more than 7,000 pieces of local history; the buildings themselves have stories to tell. The first four items can be found at the Welles-Shipman-Ward House; the rest are at the Museum on the Green.

For Lin Scarduzio, the museums' curator, history is a story, and she loves to tell it whenever she can. We asked her to choose 10 of the society's most cherished items and explain the story behind each.

J.B.Williams soap kettle

When J.B. Williams opened his factory, he made soap 1 as people had at home, in large kettles. This kettle, one of two that went to the Smithsonian, was returned to Glastonbury after Lee Whittles, a local physician and founder of the historical society, made a request. The other remains at the Smithsonian.

Hair wreath

This elaborate wreath 2 looks as if it was fashioned out of fine wires, but, in fact, it is made of hair. Women in colonial times had what Scarduzio called "amazing long" hair and often collected it in a bowl known as a hair receiver. Hair for items such as this wreath would be sent out to be transformed into works of art. The museum also has jewelry on display that is made of hair.

Civil War uniform

This uniform 3 was worn by John Emery Morris, a corporal in the 22nd Connecticut Infantry. Morris volunteered for duty in 1862 when he was 18. The uniform is unusual for three reasons. The first is that the vest,

3

which is not standard government-issue, apparently was made for him. The second is that it's extremely rare for trousers from that time to have survived because men usually continued to wear them after returning home. And the third is that it includes the only known corporal's jacket on the East coast. The uniform literally is one of the museum's "hidden" gems because it needs to rest in the dark occasionally and is not always on display.

Nestor nail

The Nestor, 4 a copper-clad brig built in Rocky Hill and sailing out of Hartford, sank in 1823 off Cape Hatteras during its maiden voyage. This nail was salvaged from the wreck. This is a newspaper story about the wreck, written in the style of the day: "May, 19, lat 34, 54, long 71, fell in with a wreck, bottom up, which proved to be the brig Nestor, of Hartford – cut a hole through her bottom and got

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CLOSE TO TOWN!

Glastonbury $649,900
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BUILT IN 2010!

Glastonbury $639,900
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UNDER DEPOSIT IN 4 DAYS!

Glastonbury $429,900
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out 7 bls of damaged flour – she had flour, lard, sperm candles, butter &c drifting about the hold – was copper fastened and appeared to be a new vessel."

Field portraits

Erastus Salisbury Field, an itinerant painter from Massachusetts, visited South Glastonbury in 1831 and painted portraits 5 of Jedidiah Post and Squire George Merrick and their families. As was the custom at the time, he did not sign his portraits, but the society has a receipt from Post, pictured here, for $30 for the paintings. As an example of history being a story, Scarduzio likes to tell how Post, the son-in-law of the Nestor's captain, went to the site of the Nestor wreck and was able to recover only the nail mentioned above.

Ellen Shipman's doll

Ellen was the last Shipman to live in the Welles-Shipman-Ward House. Her doll 6 rests in a cradle in a second-floor bedroom at the house.

Mary Hale's bodkin

This tape needle 7, or bodkin, was used by Mary Hale in the 1750s. It's shown with a piece of fabric tape, similar to what is used today as a drawstring in sweatshirt

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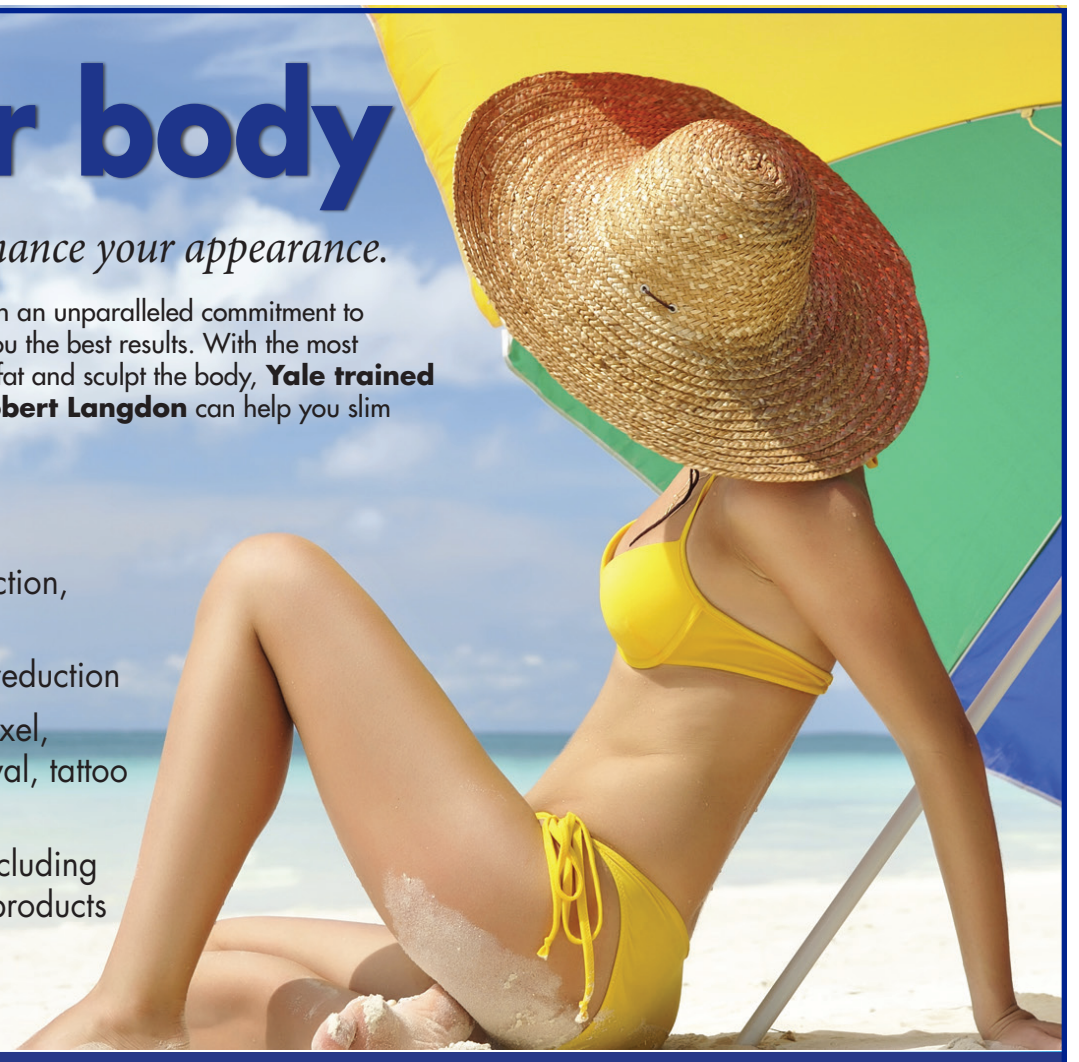

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hoods. Mary Hale was the daughter of Thomas Welles and married David Hale in 1753.

Arbor Acres flag

The Arbor Acres story started in 1898, when Frank Saglio came here from Italy and later bought 100 acres of farmland. He and two of his sons grew fruit and vegetables, but his youngest son, Henry, started raising chickens. Henry was ahead of his time, using genetics to develop a new breed of chicken known more for the quality of its meat than its ability to lay eggs. The company continued to grow through the 1940s and 1950s, and by the 1960s, Arbor Acres was producing more than half of the chickens in the world. This flag 8, which flew over an Arbor Acres facility in Zambia, is evidence of the company's world-wide influence

Hale chest and Hale secretary

These pieces, on display at the Welles-Shipman-Ward House, were made in what was then known as Glastenbury around 1780, probably by Isaiah Tryon, for Gideon Hale, who lived near the intersection of Route 17 and Main Street. Since trials sometimes took place in Hale's parlor, it's possible that the secretary 9 held the town's first court records. Both pieces 10 were in the Hale family until recently, when two granddaughters of J.H. Hale, a direct descendent of Gideon Hale, gave them to the society for display at the house. **GL**

The Museum on the Green, 1944 Main St., is open Monday, Tuesday and Thursday 9 a.m. to 4 p.m. and the third Sunday of each month from 1 to 4 p.m. The Welles-Shipman-Ward House, 972 Main St. in South Glastonbury, is open Tuesdays from 1 to 3 p.m. throughout the summer months. To learn more, visit hsg.org.

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Courtesy photo

Susan Smith, a member of the board of directors of Bike Walk Connecticut, has participated in many bike tours, including the 2014 Bike Virginia tour.

'A great day of cycling'

Bike tour is scheduled for August 21

by Mara Dresner
Staff Writer

Susan Smith has been a recreational cyclist for most of her adult life. She started participating in bicycle tours in 2009, and by 2010 was volunteering for tours in New York State, Virginia and Michigan.

These days, she's working to promote cycling locally and throughout the state.

"When I was offered early retirement from my career in the aerospace industry in 2013, I happily left the career world and upon entering retirement, decided I wanted to be more involved in cycling in many levels. I wanted to do something big, and in 2014 my husband and I packed up our bikes and flew out to Washington. We biked with all of our gear north to Canada and turned around and biked the 2,062 miles to Mexico. We kept track! We had done it self-supported so we carried all our gear, camped and stayed at hostels primarily. It was a wonderfully epic trip," she said.

She noticed a difference in perspective on biking on the West Coast.

"On the West Coast there's so much more infrastructure in place to support and encourage people to be out on bikes and on foot," she said.

Smith said she has a number of favorite rides in town.

"I would have to say my favorite is in the hills, along the farmland. It's really beautiful up there.

The traffic is less than in town, and the scenery is gorgeous. There are so many farms. Especially in the summertime, you can stop at [one] for a drink or food or just chatting with the folks at the farm," she said. "If a road has the name 'hill' in it, it's probably one of the more interesting rides. Now that I've honed my skills a little bit, I welcome the hills. You're always rewarded. And you go up and there's a pretty good chance there's a down!"

Smith, who is the tour director and a member of the board of directors of Bike Walk Connecticut, is among the organizers of a cycling event that will take place throughout Glastonbury on August 21.

She said she expects the local edition of Discover Connecticut Bicycle Tours to attract about 250 riders who will have the option of completing a 10-, 25- or 50-mile course. The 10- and 25-mile routes will stay in town, while the 50-mile ride will also include towns such as Hebron, Marlborough, Manchester and Bolton.

She said Bike Walk Connecticut was formed in 2005 as the Central Connecticut Bicycle Alliance to advocate for bike-friendly facilities and policies in central Connecticut to benefit recreational and commuter cyclists. In 2010, the group broadened its mission to include pedestrian issues, adopted a statewide focus and changed its name to Bike Walk Connecticut.

"The whole purpose is to make Connecticut streets safer and more convenient for both bicyclists and pedestrians, and to promote folks to get out there and walk and bike," Smith said. "We are the only statewide 501(c)3 organization that works as ambassadors to make Connecticut streets better places to bike and walk."

That includes working with legislators and policymakers, as well as partnering with local communities.

The group partnered with Hartford in 2007 to sponsor the Discover Hartford Biking and Walking event. Last year, Discover Connecticut Bicycle Tours was created to expand bicycle tours throughout Connecticut.

Smith said the Glastonbury ride has evolved from bike tours sponsored by the local Kiwanis Club in 2013 and 2014. The ride did not take place last year.

She said Joe Damon, a town resident and avid bicyclist, approached Kiwanis members to help bring the ride back and submitted an application to Bike Walk Connecticut for consideration as part of the group's Discover Connecticut Bicycle Tour series.

"Bike Walk Connecticut selected Glastonbury amongst a few other communities; and hence became the event organizer," Smith said, adding that she works closely with Damon,

Courtesy artwork

Bike Walk Connecticut is sponsoring bike tours in Glastonbury and New Britain.

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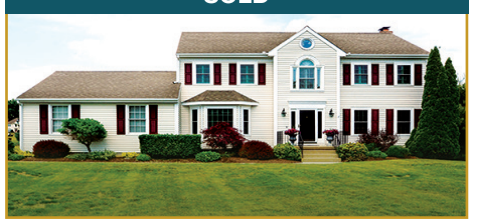

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the local community director for this tour, and Stephen Anderson, vice president of the local Kiwanis organization.

"Steve has been helpful with providing 2013/2014 ride history and he plans to recruit some volunteers from Kiwanis for the day of the event," she said. "Proceeds from the Glastonbury tour will benefit Bike Walk Connecticut's mission for safe Connecticut streets for cyclists and pedestrians through advocacy and education. Proceeds will also be shared with Kiwanis for their youth scholarship program and Joe Damon's choice for a local community organization, the Brain Injury Alliance of Connecticut."

The ride, which will start and end at Smith Middle School, will take place rain or shine.

"There's a one-mile paved multi-use trail that has its trailhead at Smith Middle School. It's lovely, and it winds through a very nicely wooded environment. The tour will start at that paved trail," she said.

There will be rest stops throughout the ride and a post-ride celebration will include a barbecue and entertainment.

They're also planning to have a bicycle rodeo for young riders.

"What that means is a bicycling obstacle course that helps to teach young cyclists, eight and under, safety and skills, including things like checking out their bicycles [to see if they're] properly tuned up and safe to ride, also learning rules of the road. It's important, just like drivers need to obey the laws of road, it's also important for cyclists to do the same," Smith said.

Other stations will give children the opportunity to test their skills with the chance to win awards.

Smith said organizers are working with the Historical Society of Glastonbury to incorporate an educational dimension into the ride. The tour will go past the Glastonbury-Rocky Hill Ferry and Hubbard Park, among other notable spots in town.

Bicycles East will be supporting the riders.

"We will be providing both on-site and mobile technical/mechanical support," said Deb Dauphinais, who owns Bicycles East with her husband, Steve. "As riders prepare to begin their ride, we will be on-site to help with simple last-minute needs such as pumping tires. We will also be available to help if there is a situation that requires a rider and bicycle to be picked up due to a mechanical emergency. One of Bicycles East's primary values is contributing to our community. This is a great opportunity to serve our community and to help to provide an opportunity for cyclists to enjoy a great event. The tour brings cyclists from both within and outside of Glastonbury together for a day of riding, camaraderie and social time at the barbeque. The tour will also showcase our beautiful town to the cyclists, and visitors will hopefully return to enjoy our community. Also, the tour has a charitable aspect."

Dauphinais enjoys riding throughout town, especially around the orchards and farms in South Glastonbury and along the Connecticut River. "We have a beautiful town to enjoy by bike," she said.

A bike-friendly town

Bicycling is big here, thanks in part to advocates such as Smith, Damon and Dauphinais.

Glastonbury is one of seven communities in the state that have been designated as a "Bicycle Friendly Community" by the League of American Bicyclists. Bicycles East LLC has been named a Bicycle Friendly business, one of 10 designated in the state.

"Connecticut is ranked the #22 Bicycle Friendly State by the League of the American Bicyclists as compared to all states," Smith said. "Connecticut's ranking has improved in the last few years, and Bike Walk Connecticut continues to work to improve Connecticut's ranking further."

She encourages people to give the new event a try.

"It's going to be a great day of cycling," she said. "Come join us for what is going to be a wonderful event on August 21. If you cannot attend, please consider getting involved in other ways, volunteering, participating in a future event, or just contact me. I'm happy to share information on the organization and the good work we're trying to do to make Connecticut a more bike friendly state." **GL**

Learn more and register at bikewalkct.org/discover-ct-ride-series-2016 or contact Susan Smith at discoverct@bikewalkct.org.

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Cecilia Krause, a senior at Glastonbury High School, cleans a closet at the ABC House.

Nancy Thompson photo

Summer camp with a purpose

Local youths help through Heads Up! Hartford

by Nancy Thompson
Editor

Summer vacation often is a time for sleeping late, vegging at the beach, and trips to the mall with friends. But for more than 20 local youths who take part in Heads Up! Hartford, it's also a time for helping others, deepening their faith, and discovering another world.

"They end up creating great friendships with kids they might never had had the chance to meet," said Patti Cole, a Glastonbury resident who has volunteered with the program for eight years. "This breaks down barriers and helps them learn not to just tolerate diversity, but to celebrate it."

"It's about diversity and human service," said Linda Spiers, rector of Trinity Episcopal Church in the Collinsville section of Canton and another of the adults who help with the program every year. "Some urban kids had never been to the suburbs, and some from the suburbs had never been to the cities."

Anna Tansi, the camp's co-director, has been involved since the very beginning.

"This camp is like none other we have ever seen," she said. "There is something deeply spiritual – and for many truly transformational – that flows through the entire week. The way the campers/counselors successfully create a loving 'no judgment zone' during the week, given these challenging high school years, gives

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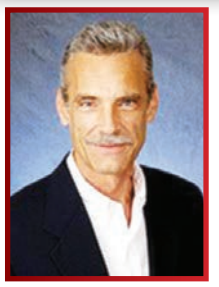

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EAST HARTFORD: Beautiful Cape Cod. Warm & cozy home w/huge eat-in bright, sunny kitchen. Laundry is on main floor. Natural gas heat & also has a coal stove in the basement. Newer garage is a dream & is equipped with a pot belly stove for heat. **$139,900. AlisonSegda.com 860-729-1749**

EAST HARTFORD: Stand alone 2BR/2BA detached unit! This fantastic home has custom kitchen cabinets & granite. Attached 2 car garage is extra deep & can hold 4 vehicles. Great looking Pergo floors throughout the unit with plush carpet in the bedrooms. Agent Related. **$154,900. James Bolstridge 860-759-9823**

EAST HARTFORD: Well maintained 3BR/2.1BA Colonial near Glastonbury line. Beautiful landscaping, roomy 2 car gar, vinyl siding & 2 yr old roof! Neutral decor, easy flowing flr plan w/ gleaming hdwd flrs. 1st flr lndry rm. MBR suite w/ double closets & remodeled BA. **$226,900. JodySmaglis.com 860-573-2090**

EAST HARTFORD: 3BR/2.1BA Ranch on cul-de-sac. 2 car gar, LR w/ lg picture window. Updated kit w/ one of a kind artisan stained glass cabinets. Deck & lg bckyrd. Lg walk-in closet. Solid oak floors under LR carpet, fin LL for poss. in-law. Sunroom w/ heated floor. **$215,900. JodySmaglis.com 860-573-2090**

EAST HARTFORD: 3BR/1.1BA Ranch. Gas fp in FR, HW floors thruout. Bay window in LR for nat. light. Lg kit & DR. MBR w/ walk in closet & bath. Vinyl siding, newer roof & furnace. New driveway. Fenced yard & deck. Gas grill hooked directly into gas line from house. **$199,900. AlisonSegda.com 860-729-1749**

GLASTONBURY: Vacant Land! Approved lot located in South Glastonbury directly across from Old Maids Lane. Nayaug School District. Ideal location. Last lot available in 3 lot subdivision. You choose your builder! Approximately 2.59 acres. **$129,900. JodySmaglis.com 860-573-2090**

GLASTONBURY: 4BR/4.1BA Col. One of a kind spacious home on private lot w/ winter views of Diamond Lake. Granite kit, 3 fp, central vac & skylights. Wing w/ sep entrance & bath could be in-law or office. Fin lower level. Diamond Lake privileges-swim, canoe, fish! **$395,000. Julia-Rosner.com 860-508-3636**

WETHERSFIELD: 4BR/2BA updated Colonial. Remod'd kitchen w/ island, walk-in pantry & SS. LR w/ wood-burning fp. 2 remod'd baths, walk-up attic & full bsmnt. Freshly painted exterior. 2-car det gar, newer windows (except den), efficient gas boiler & fenced backyard. **$329,900 JamieRBell.com 860-604-8459**

GLASTONBURY: BETTER THAN BRAND NEW! 2010 custom built 4BR/3.1BA Colonial w/ exceptional upgrades. Located in a fabulous nbrhd! Gourmet chef's kit w/ lg center isle, SS, blfst bar. Lg FR w/ gas fp & wet bar. Sunroom w/ cathedral ceiling & sliders to Trex deck. **$639,900. Julia-Rosner.com 860-508-3636**

GLASTONBURY: Waterfront lot on Addison Pond! Rare opp to own this approved building lot with barn. Underground utilities, public water & sewer, natural gas & cable available. Close to town amenities but in private neighborhood setting at the end of a cul-de-sac. **$139,000. Gina-Lavery.com 860-869-2148**

GLASTONBURY: 4BR/3.1BA Contemporary in private, quiet & serene location. This estate is on approx 3 acres overlooking a private nature preserve & beautiful gardens. 9'ceilings in all rooms, 3 car garage, granite kit w/ center island, MBR suite w/fp & balcony. **$999,000. Frank Ingersoll 860-462-7900**

GLASTONBURY: 5BR/3.1 BA Buttonball Colonial in highly sought after n'hood. Gourmet kitch w/granite & SS, spacious eating area & bkfst bar. MBR w/sitting area & w-i closet system. Beautifully fin walk-out LL w/ add'l FR, full BA. In-ground heated pool & lg screened. **$649,900. Julia-Rosner.com 860-508-3636**

GLASTONBURY: 4BR/3.1BA Colonial-Premier n'hood. Chef's dream kitchen, lg ctr isl, granite, multiple ovens. 1st flr office/5th BR w/full BA. Luxurious MBR w/tray ceiling & walk-in closet. Fin LL. Patio & deck w/built-in hot tub private level yard-backs to woods. **$549,900. Julia-Rosner.com 860-508-3636**

HEBRON: NEW CONSTRUCTION! 4BR/2.1BA Col on apprx 2.4ac on scenic Jones Rd. Peaceful country setting. HW flrs on main level, 9'ceil, 18'foyer, gas FP, Kit w/ gran counters, isle & pantry. Opn flr pln, 2c gar, deck, porch, walk out LL! Loft, laundry, C/Air. **$434,900. Herb Carlon 860-716-5347**

MANCHESTER: 4BR/1.1BA Cape w/ spacious backyard on the Bolton/Vernon line. Wood burning fp in LR & front picture window for natural light. 2 BRs on 1st flr. Storage in the basement & large outbuilding behind the 2 car garage. On approx half acre of land. **$145,000. JamieRBell.com 860-604-8459**

MANCHESTER: Country setting! Stained glass windows open to foyer w/closet & 1/2 BA. Enclosed sun porch w/skylights. MBR w/walk in closet & slider to deck. Front-to-back FR in LL w/nat'l light & pellet stove. Newer:Lennox heat & A/C system & metal roof, 2c gar. **$208,000. JamieRBell.com 860-604-8459**

MANCHESTER: Cheney Mansion Estate historical home w/modern amenities! Craftsmanship rarely seen in newer homes. A full bathroom & working fireplace for almost every bedroom. Large updated kitchen w/ original range & multiple ovens.Lots of parking & 2 car garage. **$484,900. JodySmaglis.com 860-573-2090**

MARLBOROUGH: Meticulously maintained 4BR/2.1BA Col. Kit w/ oak cabinetry, quartz counters, 10'island w/ Jenn Aire 6-burner cook-top & lrg eating area. Sun rm w/ 6 skylights, Lopi wood stove in FR w/ vaulted ceiling & 8'L-shaped bar. Formal DR & LR w/ fireplace. **$339,900. JamieRBell.com 860-604-8459**

MARLBOROUGH: 3 lots available! $105k-$115K. Central location, yet private! Short drive off Rt2 & town center. Underground utilities, telephone & cable lines have been run to each lot. The lots sit high above Saner Rd to give the home site a stately presence. **$105,000 JamieRBell.com 860-604-8459**

MARLBOROUGH: 4BR/4BA Cape, 1st flr MBR suite, porch, stone patio & Trex deck! Indr heated granite pool, 6 stall horse barn, carriage house, smoke house, 55'lake frontage, gran & SS kit, flr to ceil stone fp in LR. Set upon apprx 2.79ac on Lake Terramuggus. **$735,000. Gina-Lavery.com 860-869-2148**

PORTLAND: Glastonbury Line - 3BR/3.1BA remodl'd CT River front home w/gourmet kitchen & granite counters, large island, SS appl's & walk-in pantry. Open floor plan, LR & DR w/aprox 24'of sliders, spacious deck, FR exits to screened in porch. A rare find! **$699,900. JodySmaglis.com 860-573-2090**

PORTLAND: 4BR/2.1BA Col. Hardwood flrs throughout house. Private backyard. Close to schools, library & shopping. Sunroom w/ heat could be used year round. This would add more square footage. 1st flr laundry is a separate mudroom. House offers generous rooms! **$262,500. LindaGurtel.com 860-543-1544**

SOUTH WINDSOR: Clean & bright! 2nd flr end unit. Vaulted ceilings & oversized wdws lend an airy feel to the living area that opens up to a large private deck. Updated white kitchen w/pressed tin backsplash. Close to major highways. Nothing to do but move right in! **$75,500. Kate Kelleher 860-944-3695**

SOUTH WINDSOR: Sunny & open 2nd floor condo in Cinnamon Springs. Gorgeous granite, Large, flexible living & dining area. Sliders onto the deck w/waterfront view. Recently updated bath, freshly painted throughout. Washer & dryer. Pet friendly and FHA approved! **$137,000. Gina-Lavery.com 860-869-2148**

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Patrick King, Shataeja Saylor and D'Ana Holloway get ready clean up the front entrance to the ABC House.

Nancy Thompson photo

those attending camp a sense of something that is a radical departure from most events that high school students experience."

Heads Up! Hartford, familiarly known as HUH, has been in operation for more than 10 years. Typically, campers, who come from churches, schools and other groups in Hartford, East Hartford and several suburban towns, spend a week together in July working in small groups on service projects throughout Greater Hartford.

This year about 90 people, staff members, counselors and campers, stayed at St. Thomas Seminary in Bloomfield and spent days working at several sites, including the ABC House on New London Turnpike.

There, they cleaned closets and did yard work and other projects.

"They come for two or three days each June with a crew of eight youth and two adults. They clean out cabinets, closets, clean bathrooms, wash windows, vacuum, weed and clean up gardens and pretty much spring clean before the guys return in August," said Bonnie Clark, president of the ABC House board of directors. "They provide an invaluable service mainly because of the large group and the hours they can commit. The board has volunteer clean-up days twice a year but we usually cannot finish up everything. These young people are very engaging and bring a great energy to the mission of helping others."

Among campers working there were Patrick King, a Glastonbury High School graduate and student at George Washington University, and Cecilia Krause, who will be a senior at GHS this fall. Patrick, a member of the group's youth advisory board, said he has kept in touch with many people he's met through social media.

Patrick was spending his sixth year with HeadsUp! Hartford, his second as a counselor. Both are members of First Church of Christ.

"I've wanted to do this for years," Cecilia said. "I heard rave reviews from kids who have done it, and this was the first summer I've been available to do it."

She said she enjoyed meeting new people, both other campers and also people at the sites where she worked and said she'll definitely sign up again.

Other local campers offered their thoughts.

Aaron C. Swahn has been a camper for three years and a member of the group's youth advisory board for the past two years. Like Patrick and Cecilia, he is a member of First Church of Christ.

"Both my brother and sister went and had a blast so I decided to go and it changed my life," he said, adding that the group has formed him into a leader. "I love meeting new people, creating such wonderful relationships. Helping others out is fantastic and the love and affection everyone shows is amazing – I love it!"

"I love being able to meet new people and have fun while being able to help others," said Andrea Sullivan, a member of Buckingham Congregational Church. Andrea said her sister had gone in the past and she and a friend decided to go together. " It is an amazing camp that everyone should experience," she said.

Sarah Brown, a member of First Church of Christ, was part of the group for the first time this summer.

"I have a lot of friends who come here," she said. "I really enjoy the fellowship that is formed throughout the week and the difference we make in the world. I want people to know that anybody can come – we have a number of people who aren't associated with a church and all you have to do is want to make a difference.

Sean Martin, a member of St. Luke's Episcopal Church, has been a camper for two years. "I wanted to help the community," he said. "I enjoy the amazing experiences."

For Christopher Connell, a parishioner at St. James, the teamwork is the best part. "You have a bunch of people from around Connecticut who are thrown together, but because they are

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all there to help people the teams easily bond and can work together flawlessly by the end of a week – and you make some great friends," he said.

Many campers become members of the group's youth advisory board, and some, including Jillian Edwards and Theresa Buckley-Murawski, both from St. James, stay on to become counselors.

"I literally enjoy and love every single part of this camp," Jillian said. "From the loving and welcoming community to the people you meet to the feeling you get from knowing that you are helping make a difference and thinking of something larger than yourself. This camp is just an incredible thing to be a part of."

Theresa said she joined when she had just moved to the area and wanted to meet people and develop her faith.

"I love how much of a family we are here as well as the safe haven we provide for campers, counselors, and staff," she said. "We truly are a family. There is a connection in this camp beyond anything I've ever experience. When I'm at camp or with people from camp, I feel complete and like I can be my true, unaltered self."

During the week-long camp, youths collect food from grocery stores and deliver it to local food banks, build benches with materials donated from local Home Depot stores and donate them to charitable organizations, and work at various sites such as day care centers, elderly and disabled housing complexes, FoodShare and The Village for Children and Families throughout the area.

In the evenings they participate in recreational activities, workshops and worship.

Local clergy praised the program.

"This exciting and dynamic program of outreach and service brings together youth from greater Hartford to learn from one another about what it truly means to be a diverse and pluralistic community," said David Taylor, a pastor at First Church. This is a learning which our world needs now more than ever."

Kate VanDerzee-Glidden, another pastor at First Church called the camp "mission in action" and said the campers return "transformed and with a greater commitment to creating a more just, diverse and sustainable world."

Denise Cabana, the rector at St. James, agreed. "Heads up Hartford is an amazing opportunity for our young people to learn what it means to live our faith," she said. "They gather together for worship, meaningful conversation and then go out and serve God by serving others. It is a great example of faith in action. The kids from St. James' Church who have participated talk about what a life-changing experience it was for them and most all go back again and again."

Nancy Thompson photo

Heads Up! Hartford campers enjoy a lunch break while working at the ABC House.

Marian Stinson, the former rector at St. Luke's who retired earlier this summer, said the program has been a wonderful experience for youths. "Not only do they get the chance to meet people from other parts of Connecticut, but they form deep and lasting friendships," she said. "Part of what I love about the program is not only are the kids engaged in various service projects, but they engage in meaningful and sometimes challenging conversations. Genuine interaction is life giving."

"HUH is a place apart," Cole said. "Everyone who comes is accepted for who they are and welcomed in and in the process they all rise to their full potential. The growth in a week as well as over time for the returning campers and staff is palpable. This year we wrote a camp song all together that sums it up: 'Come as you are; don't be afraid; bring all your love; let your light shine.'" **GL**

To learn more about HeadsUp! Hartford, visit headsuphartford.org.

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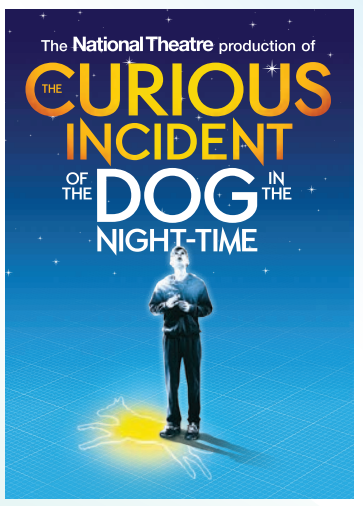

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A farmer's life

Howard Horton has spent more than 90 years on the farm

by Mara Dresner
Staff Writer

Photo by Ken Dorros

Howard Horton and his son, Kenneth, pause for a brief greeting while working the fields.

In August Howard Horton will turn 92. Born in the house where he still lives, now with his son, Kenneth, and his family on the farm in South Glastonbury that has been in the family for more than 150 years.

"To the best of my knowledge, my great-grandfather acquired the property and the house in 1863," Horton said.

He remembers a very different Glastonbury when he was a child.

"It was a small agricultural town and I remember it without a traffic light," he said. "I think if I am correct, we had one stop sign, where Daybreak Coffee is."

From an early age, he worked on the farm, first feeding the chickens before helping with the tobacco harvest when he was about nine.

"One thing was we always ate well. My folks always had a nice garden. My mother canned. We had our own cows and chickens, and as a 4-H club project, I raised pigs, which provided ham, bacon and sausage. The meat was cured right here, in a little brick building where there's a smokehouse, and according to what I've been told, it's the only brick smokehouse in New England still in its original location," he said. "One thing I definitely remember is we were expected to pitch in and help as soon as we were big enough and old enough. But we had our free days and free time too. There were vacant fields close by where we could play baseball or sports."

In school, he especially enjoyed his geography classes.

"In my final year of high school, Mr. Dufford, who was the agriculture teacher, called the boys he knew were from farms into his room and said, 'Boys, I want you to ask for a farm deferment for military service. The old folks are not going to be able to carry on without some young help.' I did receive a farm deferment," Horton recalled.

However, he didn't always plan to work on the family farm.

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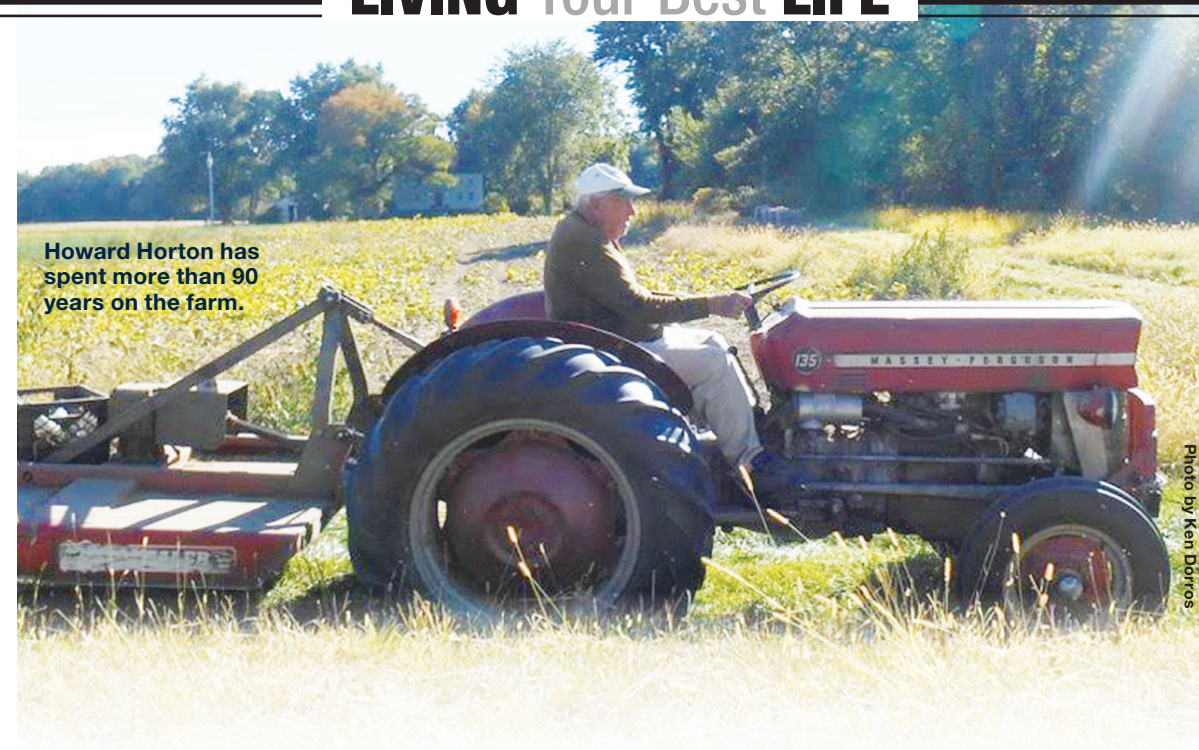

Howard Horton has spent more than 90 years on the farm.

"At the outset of World War II, I did go to Pratt and Whitney. The employment office was in one little cubicle without a window. I didn't have my birth certificate with me and the employment officer said, 'Bring me your birth certificate and I'll give you a job.' I came home and said, 'If this is what Pratt and Whitney is, where I just see four walls, it's not for me," he said.

He never returned to the company.

Through the years, however, he did have some non-farming jobs.

"In the winter time if there wasn't that much work and there was an off-farm job, I would take that for a couple, three months. I substituted on the rural delivery route here in the South Glastonbury post office. I worked at Hartford Hospital in the grounds and maintenance department. I worked for a farm equipment dealer, and finally I was appointed fire marshal and would do the required inspections of the fire safety code during the winter months. That was prior to there being a full-time fire marshal," he noted.

He spent about 45 years with the fire service, both as a volunteer and in the fire marshal's office.

Now, as then, Horton likes being outdoors.

"I don't mind the seasons. If I can still get on a snowmobile, I like to take a ride around the farm on the snowmobile. I like doing what I can on the tractor," he said.

The farm still grows crops such as tobacco, tomatoes and squash. Horton's son, Kenneth, is now the owner and operator of the farm and with his wife, Julie, has a farm stand on Ferry Lane where they sell produce and eggs.

While there have been many advancements in the past nine decades, some aspects of farming remain the same.

"Much of the work is still physically demanding and a lot of manual labor," Howard Horton said. "Probably the major change would be from four-legged horsepower to gasoline and diesel powered horsepower."

"Probably the major change would be from four-legged horsepower to gasoline and diesel powered horsepower."

–Howard Horton

During the winter, Horton stays in more. He still drives and said he has a good record.

"I've had two verbal citations in 73 years of driving," he said.

The farm has expanded several times.

"The original parcel is, as far as I am aware, 16 acres with the house, the barns and some of the outbuildings," Horton said.

His father bought an adjoining piece of property in 1936.

"In 1938, 16 acres on the

LIVING Your Best LIFE

The Horton family farm covers about 62 acres in South Glastonbury.

Photo by Lynn Damon

opposite side of the home farm was foreclosed on for lack of tax payment and that went to auction. My dad went to the auction, hoping to buy it, but the price went up to somewhere around $2,000. He was a little hesitant about going too high and going into debt. One of his neighbors was there as spectator. He had more spare cash than some other people at the time as he was the president of a large plumbing and heating company in Hartford. He stepped over to my father and said, 'That piece of property belongs to you. I'll lend you the money interest-free and you'll pay me back whenever you have the money,'" Horton said, adding the price only went up to about $2,300. "There was a nice size tobacco shed on that property. The 1938 hurricane blew that down. You pick yourself up, dust yourself off and start over again."

The farm has expanded here and there and now is about 62 contiguous acres. Kenneth is the fifth generation. Horton's father almost didn't get into the family business.

"My father quit high school and went to Morse Business

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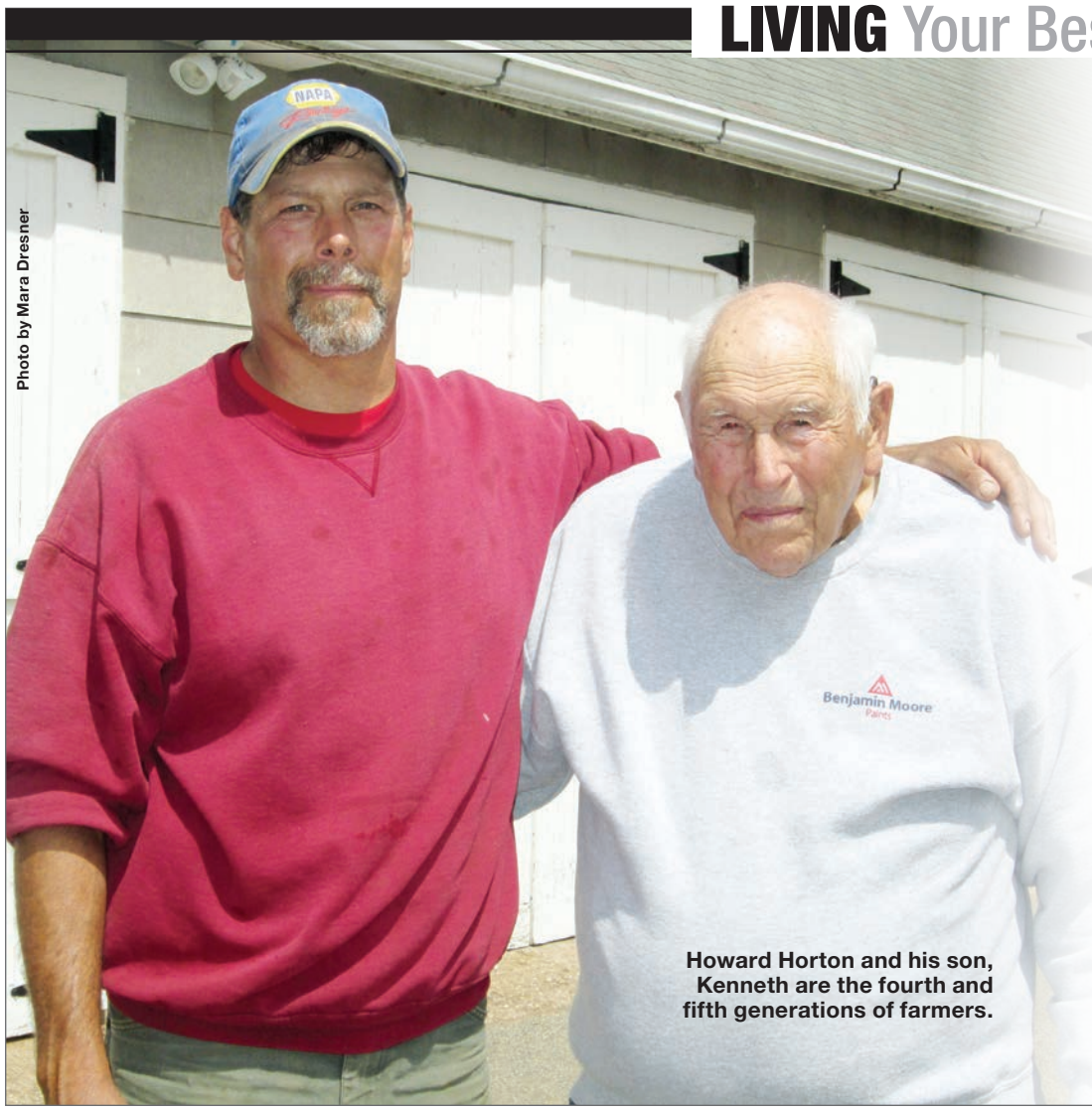

Photo by Mara Dresner

Howard Horton and his son, Kenneth are the fourth and fifth generations of farmers.

School and studied bookkeeping. He went to work at a factory in Hartford as a bookkeeper. His father fell from a tobacco shed and hit his head. It affected his brain and he only lived a couple years after that. So my father quit his job and took over the farm," Horton said.

In recent years, he's become involved with the Historical Society of Glastonbury.

"I've taken quite an interest in how to preserve information and objects of historical interest," he said.

Neighbor and fellow farmer Chris Bassette of Killam and Bassette Farmstead, LLC, is impressed with his knowledge of the area's history. "He is a wealth of information on any farming history regarding Glastonbury," she said.

"I have known Howard for about 18 years through the historical society, said Jim Bennett, executive director of the Historical Society of Glastonbury. "He came into the museum one day, joined and immediately became involved. His interest and knowledge is very extensive about farming, Glastonbury's Native Americans and the history of South Glastonbury. He has the best stories about growing up in town and the people who made Glastonbury such a wonderful place to live, raise a family, farm and do business. Not just his historic knowledge, but his memory of so many interesting people and occurrences here in town. Also, he is a generous and kind soul who always makes you feel welcome at his farm."

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Photographic artist Lynn A. Damon met Horton when she was working on a project with the historical society.

"I met Howard, his brother Ken and son Kenny in the spring of 2009 when I started to photograph all the farms in Glastonbury for a project I named the Farm Project," she said. "I would describe Howard as a proud and kind man, proud of his family and his love for his farm land. Even though I would always see him dirty from a hard day's work, I always felt an elegance about him. I am impressed that he continues to work on his farm at his age and remains active in each harvest of their tobacco."

Horton, who has seen a lot of changes in his nine decades, both locally and globally, said the increase in the number of religious extremists in the Middle East has been "probably the biggest world change."

He sees technology as both an advantage and a negative.

"No question, technology has improved, it's helped in communications, it's helped in record-keeping. But I don't think that every student should have an iPhone or whatever. I think they should leave those to home. That's my opinion publicly expressed," he said.

He also laments the loss of land in town.

"Locally, the change has been from agriculture to business, industrial and residential use, and some of our prime farmland has been gobbled up, so to speak, by commercial development. Somerset Square was once extremely nice tobacco land. From Main Street to Naubuc Avenue was prime tobacco soil. To me, it's a loss of a resource that can never be recovered," he said.

"No question, technology has improved, it's helped in communications, it's helped in record-keeping. But I don't think that every student should have an iPhone or whatever. I think they should leave those to home."

–Howard Horton

Horton welcomes those who appreciate the farm such as artist Ken Dorros.

"I had painted the farm at a distance for years before asking for permission to go onto the property. The Hortons were extremely gracious, allowing me access to the farm in all seasons. It is a privilege – and, perhaps, a little nuts – to stand in a foot of snow to paint the beautiful landscape they call home. One February afternoon, I was out painting when Howard took his annual snowmobile ride. I watched as he slowly saddled up and started the engine. Then, he took off like a rocket. He was gone for so long that his son, Ken, went out to make sure he was OK. [He's] still a kid at heart," Dorros said.

He said he's struck by what goes into farming and Horton's ability to continue to work.

"Just look at those hands. They've been working that rich earth for over 90 years," he said. "And I get the feeling that there is nothing else that Howard would rather have done with his life than get on that tractor every day and tend to the farm. There is an uncommonly strong work ethic in the Horton gene pool. Howard and his late brother Ken shared it, and it's been passed down to Howard's son Ken and his family. As a painter, I work at odd times to capture good light. I'm always impressed at the amount of work being done, almost nonstop, to keep the farm operating properly — from planting to harvest, even the hens require daily care. Howard is often working the farm on one of his tractors when I am out painting. But he always takes a moment to stop by to say hello.

"A man of few words and a dry sense of humor, he recently drove up to me in his pickup and remarked, whimsically, 'I should have known it was an artist.' He has generously allowed me to come onto his farm to paint throughout the seasons, knowing I appreciate the beauty of his land, perhaps almost as much as he does. Once he asked, 'Are you doing it justice?' All I could say was that I was doing my best," Dorros said. "Howard is a wise, gentle soul. I enjoy the few words he has to share when he stops to say hello when I'm out there working. I once commented on the lack of rain, and the risk that he might lose his entire crop. He simply shrugged his shoulders and said, 'It's all part of the game.' What wisdom and humility." **GL**

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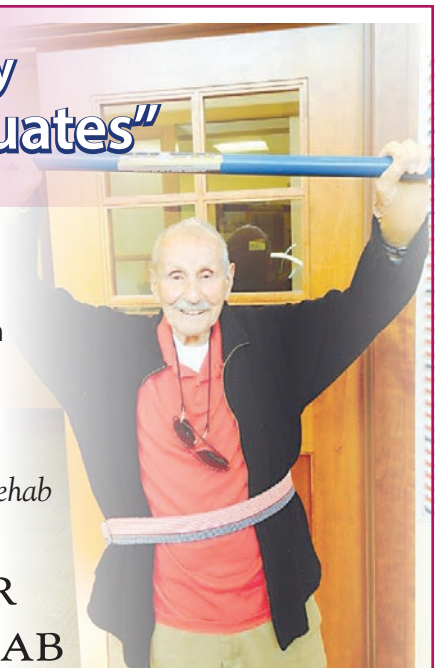

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Nancy Thompson photo

Courtesy of the Dunn family

Left: Shane and MaryJo Dunn have worked tirelessly to keep the memory of their son alive. through acts of kindness and healing.
Right: Luke Dunn lost a battle with a rare form of liver cancer last August. He was 17 months old.

Loving Luke

Toddler's memory kept alive through kindness

by Nancy Thompson
Editor

Luke Dunn was a vivacious, affectionate, playful toddler with big bright blue eyes and a smile for everyone he met. His life was far too short, but his loving spirit lives on.

His parents, MaryJo and Shane Dunn, will never forget the day their little boy was diagnosed with a rare form of liver cancer, or the day he died four months later, a week before what would have been his 18-month birthday. They continue to grieve, often expressing their feelings with raw, heart-wrenching emotion, and through that grief they are devoting themselves to ensuring that Luke's memory lives on through acts of kindness and compassion.

"He was the light of our lives," MaryJo said. "He was the healthiest, happiest baby."

One day in March of last year, MaryJo felt what she described as a hard area on Luke's belly. Before long, they heard the word "cancer" and their lives changed forever.

"It was the last happy day," Shane said of April 3, the day Luke's "hard area" was diagnosed as a malignant rhaboid tumor, a rare and highly aggressive form of the disease.

He was treated at Connecticut Children's Medical Center and at Boston Children's Hospital, where doctors said their only option was to make him comfortable.

They returned to Hartford, where Luke took part in a clinical trial that appeared at first to be working.

"We were trying to make the decisions you hope will give you the miracle you need," Shane said. MaryJo agreed, adding, "We needed someone to do everything they could to save our son."

Luke's story drew nationwide attention, thanks in part to social media.

MaryJo's sister, Sue Kaswan, started a "Love 4 Luke" page on Facebook as well as a "Go Fund Me" page to help the Dunns with medical expenses. People who knew the Dunns – and people who had never met them – started posting lullabies and other music, as well as videos and words of support and encouragement. To date, more than 4,000 people have "liked" the Facebook page. MaryJo, who made a video of Luke on the 20th of every month of his life, posts videos and photos every month on the anniversary of his birth.

Annika Petrov, whose parents are close friends with the Dunns, sewed a "Love 4 Luke" pillow for him and continued after his death to make pillows to honor his memory and comfort other young children with serious illnesses.

The Dunns were interviewed on Hartford-area news shows and on ABC's Good Morning America. They established the Love 4 Luke Corporation as a 501c(3) non-profit corporation, and they began to find new ways to honor their little boy, including their dream of a healing center where other people could be helped in times of crisis and loss. A stranger who saw the Facebook page applied for and received a grant in their name through the CT Block Party to help them with their dream of establishing the center.

And early this year, on what would have been Luke's second birthday, MaryJo walked into the local First & Last Tavern and inadvertently started a program that continues to this day.

That night she decided to buy a First & Last gift card. "I was very emotional," she said. "I saw a couple with a child at one table and wrote out a $50 gift card and asked the hostess to give it to them." MaryJo included a note explaining that Luke would have turned two that day and that she hoped to pass on some of the love and joy he had brought to the world. As it turned out, their child was celebrating his third birthday that day. That family bought another gift card and asked to have it passed along, and the next family did the same, continuing what has become a tradition.

Molly Shanahan, one of the managers at the restaurant and a cancer survivor herself, contacted MaryJo to ask permission to use "Love 4 Luke" as part of a program in which patrons are invited to nominate people to receive a free dinner.

The "pay it forward" theme extends beyond the restaurant.

Shane carries cards, similar to those given out at First & Last, and uses them at car washes and drive-through windows where he pays the bill for the customer behind him and asked the attendant to give that person a "pay it forward" card.

"It makes me smile," he said. "I've always been a pretty generous person, but I didn't realize how good it makes me feel. Why in today's world don't we do more of this?"

As the first anniversary of Luke's death approaches later this month, the Dunns are looking to give back in a different way. Due in part to their work with Karen Carney, a grief counselor, they hope to establish a healing center that would offer programs to promote mental wellness, not only among grieving parents but for others in need of help.

"They are just an amazing couple with a beautiful soul and a beautiful spirit, and they had a beautiful child," said Carney, who is a registered nurse and a licensed clinical social worker as well as an expert in grief counseling and death. "People have gotten to know Luke and to love Luke."

She said she met the Dunns soon after Luke died to offer bereavement education and support. "They are a remarkable couple, determined to find ways to honor Luke's legacy through acts of love and kindness, and ultimately, through their vision of a healing center to help others who are grieving," she said. "Their vision is to create a center that will offer a variety of options to support the bereaved, including grief education, spiritual support, massage – Mary Jo is a massage therapist– Reiki, meditation, and support groups."

She said their plan also includes therapies such as eye movement desensitization and reprocessing, accelerated resolution therapy, and emotional freedom technique, also known as 'tapping.'

"In addition, their Pay it Forward Campaign, in memory of Luke, is raising awareness of childhood cancer, which is critical to raising money for research. The families who have been the recipients of the gift cards, typically 'pay it forward' to others. It is a unique idea that raises awareness of this critical issue, while spreading joy, which is exactly what Luke's life and legacy is all about," she said.

"It is a unique idea that raises awareness of this critical issue, while spreading joy, which is exactly what Luke's life and legacy is all about."

– Karen Carney

Noranne Wamester, pastoral associate at the Church of the Incarnation in Wethersfield, started following Luke's story on Facebook, ministered to the Dunns after his death and now considers them to be dear friends. She said she is impressed with the way they are honoring Luke.

"Losing a child is the most devastating of all human experiences," she said. "Luke was an amazing witness of pure joy and his mom and dad shared his joy with all of us and they still continue to do so via pictures and videos on Facebook as a way of keeping his joy alive. They are exploring ways to reach out to others to share his joy to those who need healing from a loss, especially the loss of a child."

Tanya Schultz has known MaryJo for more than 20 years and is working with the Dunns to make the healing center a reality.

"We have had some meetings and developed a board of directors and some committees," she said. "We have started some fundraising for this and are going to continue to everything we can to launch this healing center that is needed for our community." Sandra Smith is another long-time friend who has been impressed by the way they are giving back in Luke's honor.

"MaryJo and Shane experienced the unthinkable," she said. "Many people would hide, abandon all hope, and hate the world. Not MaryJo and Shane. With gaping holes in their hearts, they stand as warriors for Luke. In Luke's honor, they want to give back to the world. Did you hear that? Give back to the world. Pretty unbelievable, eh? The love they share for Luke and for each other is deep. Luke's light is guiding them to provide for others during a time of crisis. MaryJo and Shane make me want to be a better person. We should all take note of the tremendously self-less act and pay it forward in Luke's honor."

Carney applauded the Dunns' efforts.

"People often ask me why I chose to work with people who are grieving," she said. "They imagine that it's dreary, depressing and draining. If they spend a little time with Shane and Mary Jo, they will find that while they will grieve Luke for the rest of their lives, they are also spreading love, joy and healing to others. They honor Luke every day through their acts of love, kindness and healing. It is an honor, a privilege, and a joy to know them." **GL**

To learn more or donate to the Love for Luke Corporation, visit youcaring.com/love-4-luke-corporation-597582#.V37y_5ghJtk.email. You can follow the Dunns on Facebook at facebook.com/Love4LukeDunn

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Sarah Schneiderman is inspired by what she sees while diving.

Photo by Joel Toohey

Go fish!

Artist Sarah Schneiderman finds inspiration in the seas

by Mara Dresner
Staff Writer

Photo by Sarah Schneiderman

Sarah Schneiderman creates elaborate fish.

There's a saying that one person's trash is another person's treasure. That is certainly true for artist Sarah Schneiderman, who uses everything from Starbucks coffee stirrers to old paintbrushes in her work.

Schneiderman got an early start on her arts career.

"I think I always drew and tried to be creative; my mother really encouraged that. From the time that she was six until she was 12, she lived in an anarchist colony and they really encouraged creativity there. She did knitting and crocheting. Later after she retired, she took up doll-making and jewelry making," she said.

Schneiderman and her twin sister, Susan, took painting lessons when they were about 10.

"I remember we had to paint a picture of a white egg in order for us to see variations of color," she said.

Schneiderman, who grew up in Maryland, continued her art through high school, where as a junior she won a local National Scholastic Arts competition and received an honorable mention in the national competition.

"Once I went into college, I didn't study fine arts. I studied a kind of pre-med although I didn't think I'd go into medicine," she said, adding that she attended Washington University in St. Louis before going back to studying art.

"I came back to Washington, D.C., and took some open program classes at the Corcoran School of Art, then I entered their baccalaureate program," she said.

After having a number of shows in the D.C. area, Schneiderman moved west and got her master's degree from California Institute of the Arts.

Through her college years, she experimented with a variety of projects, such as dressing toy soldiers.

"My mother had a housemate at the time; she was in the Army. She loved my work. People go into the Army and they think it's going to be a beautiful heroic situation and then they find out you're crawling in the mud. My work resonated with her," Schneiderman said. "I also did a series of drag queens, using photographs, painting nail polish and glitter and then color Xeroxing them."

At CalArts, she experimented with video and performance art.

"Then when I graduated, I didn't want to be a teacher, so I ended up getting a job at California State University at Northridge in the affirmative action department," she said.

While at school, she spearheaded a student campaign to remove the dean of the school of arts and hire women for full-time faculty positions.

"There were no full-time women in the fine arts department. They said, 'We hired a woman and she committed suicide. Women don't take themselves seriously as artists.' And everyone was like, 'No, men don't take women seriously as artists.' We were successful in that the new dean of the art school was a women and now they have a pretty balanced faulty," she said.

She put her art aside and learned computer programming and moved to Portland, Oregon.

"It was some time after '95 when I decided when I decided wanted to make art out of trash," she said. "So I started making art out of household trash."

It started with a T-bar clothesline.

"I said, 'What can I do with this?' I made it into a figurative piece," she said. "I'd say it was an 'aha' piece for me. So I started making those. I probably did that for 10 years while I was working in information technology. I had sculptures around the yard and participated in some craft fairs and had a couple of shows."

She left Portland in 2008 and moved to Glastonbury.

"I got here and tried to make a few trash totems, but nothing was

working for me," said Schneiderman, who was working as a project manager for American Eagle Financial Credit Union. "Then I started making some other things and nothing was working. At the end of 2012, I decided to retire suddenly. I didn't have any plans, and I came home one day, and my spouse said, 'Why don't we go to Belize and learn to scuba dive?' I thought, 'I really like snorkeling and I'm pretty adventuresome, so OK,'" Schneiderman said.

That was the first of a number of diving trips.

"I still wasn't making art but I was still collecting stuff, clean trash that looked interesting. It occurred to me that fish were the perfect outlet for my artwork. It was kind of like the revelation with the clothesline pole. Fish are beautiful; fish are exciting; fish are unusual. A lot of people don't get to see these fish. The oceans are fragile, and garbage and pollutants in our ocean are creating problems."

Schneiderman has always been ecologically minded, trying to reuse items and turning to Freecycle.

Her Aquatic Life series combines several of her interests, including a new one in photography.

"I started taking photographs of fish, not because I can be a great fish photographer, but to use my own photographs as my fish models rather than other people's photographs," she said.

She is continually intrigued by the fish that she finds.

"Their colors, the way they move in the water the way they interact with each other. When I go to a place like Bonaire for three and a half months, I can watch a fish grow," she said. "The other thing that captivates me is being underwater and particularly the way we dive. It is almost meditation. There's incredible calm; there's a kind of quiet. You have to communicate with hand signals or sometimes a slate. Nobody's playing music."

Sarah is able to show the wonders of the undersea world. She does it with color and texture and joy; and she captures the drama and wonder perfectly."

–Barbara H. Rockwell

The change when she's back on land is striking.

"Since when did I need to be entertained when I was pumping gas?" she asked.

She's also taken with the changing nature of the ocean.

"Maybe it's I've swum this reef a dozen times and suddenly I'll see an interaction of two fish that's unusual," she said. "The ocean is a big, scary place."

Despite the fact that's she's only been truly back in the art world for a few years, she's exhibited in a number of shows.

"A show I was in last fall, the curator was from the Smithsonian, and a show I'll be in coming up, the juror is Jack Rasmussen," she said. Rasmussen is the director and curator of the American University Museum at the Katzen Arts Center in Washington. "Those are pretty prestigious."

During the winter two of her pieces were included in the National Arts Program's exhibit at Capital Community College in Hartford. It was the third year she's exhibited with the program.

This summer, her work will be included in the Texarkana Regional Arts and Humanities Council 28th Annual Juried Show, as part of "Flora and Fauna" at the Annapolis Maritime Museum, sponsored by the Maryland Federation of the Arts, and at Dark Star Tattoo and Art Gallery in Vancouver, Wash.

Her work has been featured in "Art Catalyst" and "Art Exhibio" magazines, and in exhibits in Iowa, Maryland and California as well as at the Whole Foods Market at Bishops Corner in West Hartford..

"What I adore is how Sarah captures the drama of life under the ocean. Watching sea creatures interact with one another is incredibly dramatic. Even the smallest and plainest fish interactions are fascinating and very exciting. Watching these interactions is a privilege but it is very hard to

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Photo by Mara Dresner

Sarah Schneiderman creates fish using trash and other items.

explain what is so exciting to a person who has no experience under the sea. Through her art, Sarah is able to show the wonders of the undersea world. She does it with color and texture and joy; and she captures the drama and wonder perfectly," Barbara H. Rockwell, a retired business owner in Glastonbury, said.

Schneiderman keeps detailed dive logs, which include information about what she sees underwater. She'll refer back to the log for inspiration.

"I'll have all these pieces of wood, and I'll look at it and say, 'What fish that I have seen does this look like?'" she said. "I'll make a drawing of a fish or print-out to use like a template. Then I start to cover it with the found materials, whether it's a whole piece of fabric or I'm using ribbons and cutouts of food labels and things like that, and I start to build onto this fish."

Once the piece is completed, she coats it with sealant.

"Making the fish is kind of putting together a jigsaw puzzle, and it's through figuring out what things I have that I can use to make the stuff that looks like nothing to transform into this beautiful object or scary one. Mostly they're beautiful but sometimes they're scary," she said.

Schneiderman often incorporates items she finds while traveling or out and about, and her pieces sometimes have more personal touches, as she uses an item she got from her mother or other loved ones.

"My mother-in-law loved crafting with beads, buttons and gems. With her passing, I had some lovely jars filled with all of her supplies and gave them to Sarah. It made me feel so happy to share her love with Sarah for crafting. A month later, Sarah finished one of the fish I wanted to buy from her – with several of the beads, buttons and items from my mother–in-law. It meant the world to me. Such beautiful art and a wonderful memory piece of my dearly loved mother-in-law," said Carin Salonia, an Avon resident who is president of the Southern New England Chapter for Project Management. "I know Sarah from her volunteer experience with the association chapter as corporate secretary and formed a friendship with that experience. Sarah has a unique creative ability and shares her craft so well. One evening, we gathered at my house for a chapter barbecue, and Sarah brought her artwork and the 'fish' exhibit. She set it up at the dining room table, and all of us were just so impressed with her creativity. She brings her love of the ocean together with her focus for recycling and reusing to create amazing art of underwater creatures."

Despite using found items, Schneiderman usually doesn't want people to save things for her.

"People will say, 'I'll bring you my trash.' I say, 'No, I have enough!" she said with a laugh. "Usually I encourage people not to bring me things." **GL**

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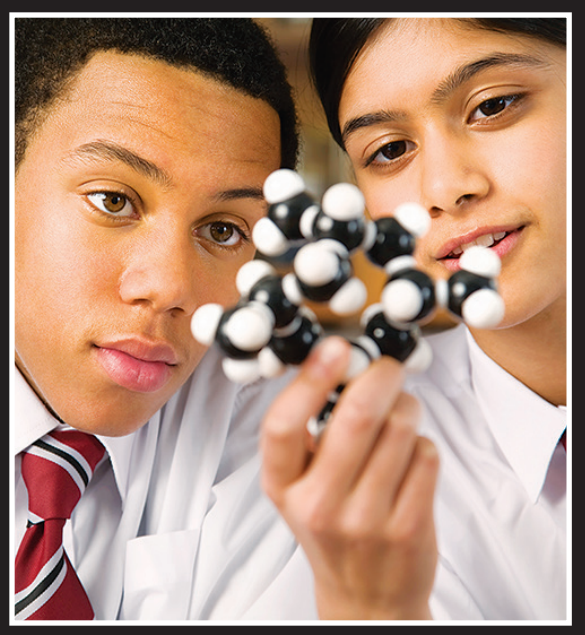

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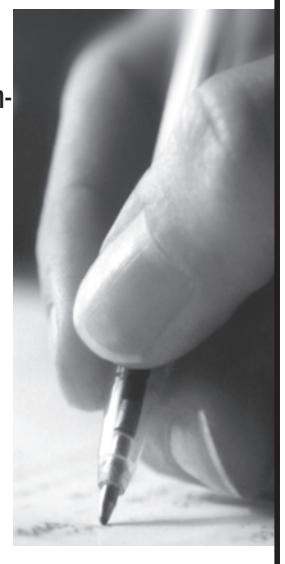

Mail letters to 540 Hopmeadow Street, Simsbury, CT 0670 or email Nancy Thompon, at nthompson@turleyct.com.

Help kids get ready for fall sports season

Summer is a season of relaxation, especially for school-aged children who are not yet old enough to work. Such youngsters no doubt enjoy the chance to spend summer days lounging poolside or at the beach, all without a care in the world or any homework to complete.

Though summer is synonymous with R&R, parents of young athletes who hope to compete in scholastic athletics when the school year begins in autumn may need to take steps to ensure their kids aren't at risk of injury once the curtain comes up on fall sports season.

Examine and replace equipment if necessary. The right equipment can protect kids from injury and help them realize their full athletic potential. But damaged or outdated equipment can increase kids' risk of injury. Examine kids' equipment long before fall sports season begins so you have time to bargain hunt should anything need to be replaced.

Schedule a physical for your child. Many school districts mandate that athletes receive and pass physicals before they can compete. Speak with the athletic director at your child's school to learn the guidelines that govern athletic physicals. The physical will need to be conducted by a predetermined date, but you may also need the physical to be conducted after a certain date for it to be considered valid. Speak with your child's physician if any problems are found during the physical.

Let kids heal. Kids' schedules are busier than ever before, and many youngsters play several sports during the school year. Summer vacation may be the only extended period all year that youngsters' bodies get to heal. While it's important that kids stay physically active throughout the summer, make sure they don't overdo it, as you should emphasize the importance of rest.

Gradually get back in the swing of things. While rest gives kids' bodies a chance to heal and develop, it's important that young athletes stay in shape over the summer. As the fall sports season draws near, help kids gradually get back in the swing of things. Tryouts tend to be physically demanding, so kids who have not lifted a finger all summer may be at risk of injury or missing the cut. Let kids ease back into regular exercise to make sure they are not starting from scratch come their first tryout.

Speak with coaches. Coaches can be great assets to parents who want to make sure their youngsters enjoy the summer without sacrificing their chances of making the team in the fall. Speak with kids' coaches to determine if there is any area your son or daughter can work on over the summer to improve his or her chances of making the team. Make sure kids are the ones leading the charge to improve their games; otherwise, they may feel pressured into doing so and that can take away the fun of playing sports.

Scholastic athletes should take advantage of the opportunity to relax and recover that summer presents.

But, athletes who hope to compete in the fall can still work with their parents to ensure they're ready once the school year and sports season begins. **GL**

A unique offering

Area high school courses go beyond math and history

by Allie Rivera
Staff Writer

There are classes offered and taken at nearly every high school in the country – English, history, science, and algebra...but with a diversifying student population, many schools, including schools throughout Connecticut, are taking the opportunity to offer a variety of unique courses.

At Hall High School in West Hartford, many of those core subjects now have specialized classes for upperclassmen to explore.

"In our English classes, we are offering women's literature, with one course called 'Breaking the Silence,' which is classical feminist, and one that's new this year called 'Redefining the Roles,' which provides an evolutionary study of the roles of women in society," Hall High School Assistant Principal John Guidry said. "We also offer history of modern Warfare, which many students really adore."

New this coming year at Hall High School will also be an addition to the school's foreign language department classes in American Sign Language.

"They'll be not only learning the language, but exploring the

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American Deaf culture and history," Guidry said.

According to Guidry, there has been a push to include ASL as a foreign language at the school for several years, both at the administrative and student level.

"We have rich resources right here in West Hartford," he said. "You see increasingly in the world that that is considered to be a bonafide foreign language."

The language will be open to students in grades nine through 12 in what Guidry said will be an immersive experience with a new teacher who is part of the deaf community. Close to 50 students have already registered for the course for the coming year.

"The students are clamoring for it," Guidry said.

This offering is especially exciting for Guidry because he said it opens opportunities for students to learn not just a language but an entire culture to which they may not have been previously exposed.

"The deaf community is a subculture that exists among us in every location. There are other types of subcultures, but most of them tend to be somewhat geographically restricted. The deaf subculture is not," he said. "It's my personal opinion that it's a subculture that flies below the radar, and people often don't think about it as a subculture."

In addition to exposing students to new cultures, other unique classes in the area are aimed at exposing students to new skills. Simsbury High School will be offering a new course this coming year on fashion design.

"We've piloted this in the summer arts program where students are actually making dresses and other clothing, and it's been very successful," Simsbury High School Principal Andrew O'Brien said.

After seeing what he called a "groundswell of interest" from the summer program, O'Brien said the course was further developed as an elective for students at the high school.

"Along with learning the actual fashion design, they get to learn about the industry and the use of different materials," he said.

"For one project, students would choose a celebrity and they would research their style, their body type, all that, then, ultimately, they created these outfits."

In addition to teaching students about a previously unexplored area, O'Brien said this class also gives them the opportunity to be creative.

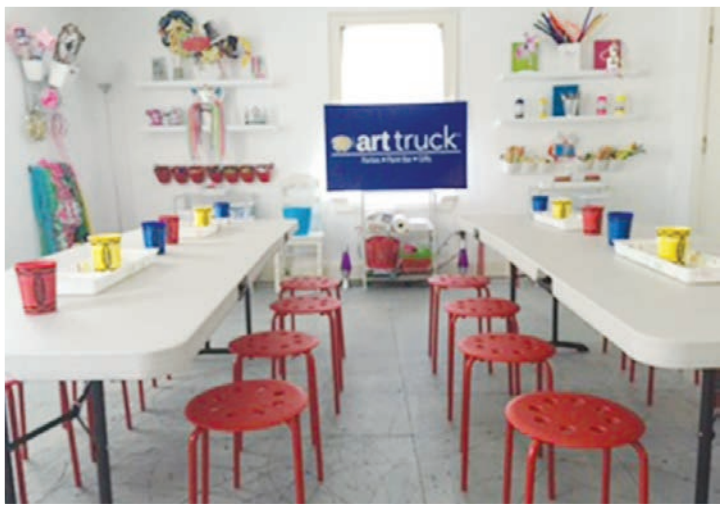
"We had one girl who made an outfit entirely out of Starburst wrappers that were all braided together," he said.

While the summer program primarily focused on women's fashion, the course at the high school will branch into menswear as well.

"It's not only an interesting course for students, but it's a marketable skill as well," O'Brien said.

Providing those marketable skills is a large piece of the push behind courses at Newington High School as well. There, the culinary program has expanded to provide students with real-world kitchen and restaurant experience.

"This is not Home Ec. This is a restaurant atmosphere with catering services," culinary teacher Scott Pestka said. "I teach the kids how to



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smoke their own meat. ...That kind of stuff isn't taught in Home Ec."

The program is part of Newington High School's Culinary Arts Academy, which will be entering its third year this fall. The academy offers courses ranging from Introduction to Cooking to Event Planning to Restaurant Management.

In addition to learning in the classroom, students in these courses get hands-on experience in the food service industry, as the class doubles as a catering service for both school members and the community at large.

Students create daily sandwiches and baked goods that are available for teachers and fellow students to buy as well as working a catering event two to three times per month. In the spring, the culinary students catered the State of the Town dinner as well as the high school football team's banquet with more than 150 people.

As the culinary teacher, Pestka runs his classroom like a restaurant kitchen and demands only the highest quality.

"I always tell the kids, we have to sell quality. There will be times where I look at it and it doesn't look perfect, and they'll take them all apart and redo their chef salad because I wasn't going to sell poor quality," Pestka said. "I'll put my wraps and salads up against anybody any day."

He credits much of the success of the culinary program with the facilities they are able to use, including industrial refrigerators, smokers and ovens.

In Rocky Hill, having the best facilities is possible through a multi-year renovation that has been happening at the high school. One of the most popular classes at Rocky Hill High School is photography.

"We still run it in the traditional sense of the word," Principal Mario Almeida said.

The school has had a dark room for photography and ensured that the space would not be lost in the renovation.

"This year, we have a brand new dark room," Almeida said. "When the

In each of the unique classes offered, it is new cultures and new skills that are the focus of learning:

"It's about exposing them to something new, and our kids our thriving."

– Andrew O'Brien

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school was renovating, we decided it was important enough to make sure it was included."

Almeida said photography remains one of the most popular electives and regularly fills up.

Despite changes in technology, Almeida, and many students with whom he has spoken, has said understanding film development at its basic form is crucial to understanding photography in general.

"I think our students today are so caught up with modern day technology, with Photoshop and digital media, that I think it's important to understand how black and white film development works," he said.

"Many times we thought of changing it to more of a modern, digital photography, but even the kids will tell you that understanding the black and white photography helps them with their digital work."

Through the class, many students have come to find a passion for traditional photography and shown a great deal of talent in the medium, Almedia said.

"One of the units they do is portraits, and they learn how the right background, the right light, the right shading, all of it makes for a better photo," he said. "It's very different than taking a picture with a digital camera and being able to alter it all after."

In each of the unique classes offered, it is new cultures and new skills that are the focus of learning.

"It's about exposing them to something new," O'Brien said, "and our kids our thriving." GL

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Remembering that *special* class

We asked prominent people in local education to recall a class in high school or college that had a lasting impact on their lives, and why. Here are some of their answers.

"The foreign language classes, Russian and Spanish, that I took in the Glastonbury school system had a big impact on my life. Not only did I enjoy learning new languages, but I also gained an appreciation for the different cultures."

– Barbara J. Bailey, director, Welles-Turner Memorial Library

"The class that made the biggest impression me was accounting at Bay Path College. It was very instrumental in clarifying what career I had no interest in pursuing."

–Mary Ellen Dombrowski, president, Connecticut River Valley Chamber of Commerce

"My geometry class in ninth grade in Lincoln High School in Philadelphia had the biggest affect on my life. I think the teacher of the class had more to do with it than the course. When the bell would ring to end the period, the teacher, Mr. Richards, kept talking until he finished. Nobody moved or packed up books. We all wanted to be sure we didn't miss anything that we needed to know. I decided in ninth grade that I wanted to be a math teacher. I went on to major in math and education in college, and started teaching math in West Hartford."

–Dr. Alan Bookman, Glastonbury superintendent of schools

"I don't recall the specifics of Mr. Charles Strom's English class at Wethersfield High School. What does remain is the feeling that enveloped me in that classroom. I showed some talent for writing, and in the generous space Mr. Strom allowed me, I honed that skill. I got pretty good. Through this teacher's encouragement of my efforts, not only did my ability to craft stories and poems grow, but my self-concept flourished as well. I became more confident and courageous. It was a sort of freedom. It was like flying. That was over 65 years ago. I still write. I still fly."

– Alexandrina Sergio, Glastonbury Poet Laureate

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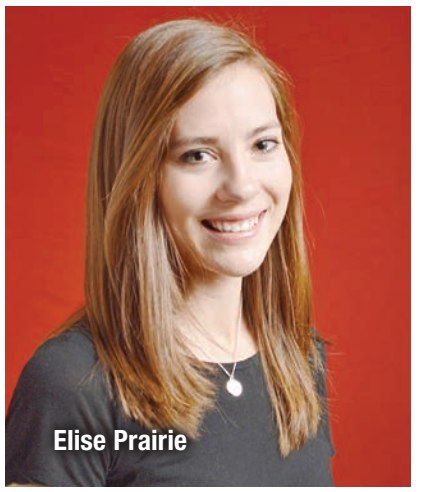
Business Notes

Mary K. Wisneski, a senior manager with **Fiondella, Milone & LaSaracino LLP,** has been appointed to the board of directors as a member-at-large of the advisory council of the Connecticut Society of Certified Public Accountants.

GoodWorks Insurance Company is the subject of a profile in Independent Agent, a national magazine for independent insurance agents. The Glastonbury-based company that gives half its profits to charities in Connecticut and Massachusetts, is marking its 10th anniversary this year.

Margaret Wilcox & Associates of William Raveis real estate has hired Kyle Civittolo, a Glastonbury native and Sacred Heart University graduate.

Andrianna Bigard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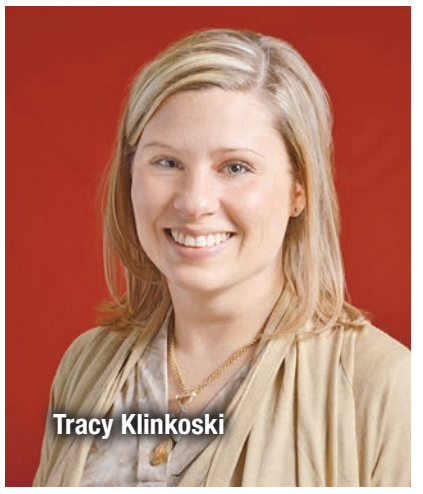
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Michael Colianna

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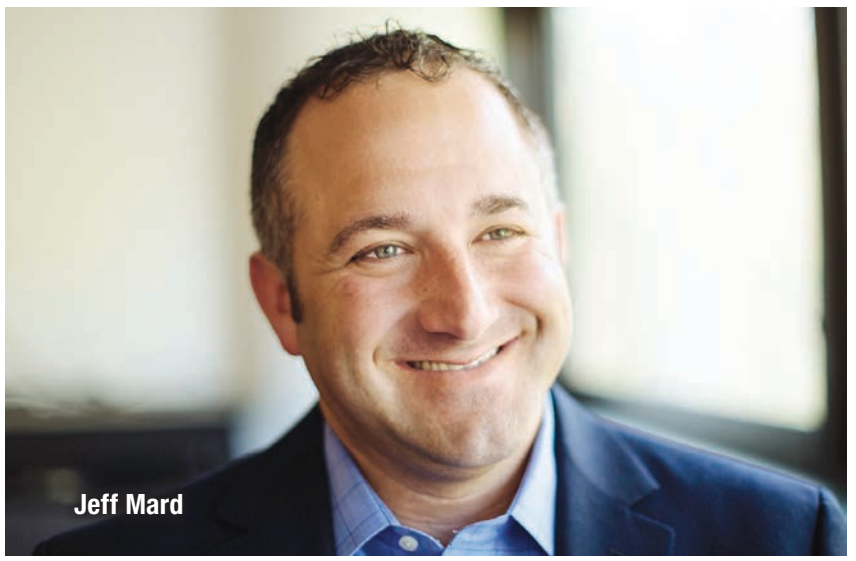
Jeff Mard

Jess Rubin

Melissa Kiamie

Julia Rosenfield

Courtesy photos

Cronin and Company, LLC, has hired several new employees and promoted several others.

The company has hired Jeff Mard to lead the agency's new business efforts as vice president of business development and innovation.

Other new employees are Michael Colianna, a web developer; Melissa Kiamie, an account coordinator; Julia Rosenfield, a management supervisor; and Jess Rubin as an assistant account executive.

The following employees have been promoted: Adrianna Bigard, to account executive; Kristin Ganci to interactive art director; Tracy Klimkoski to director of media and analytics; Elise Prairie to account executive; and Nicole Stavola to senior interactive project manager. **GL**

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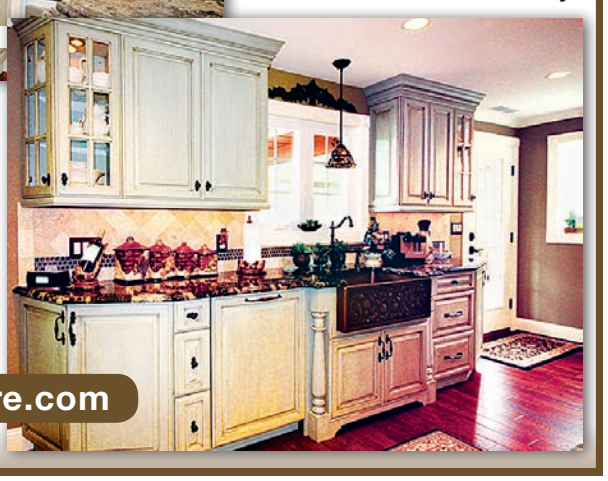

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News roundup

New administrator at Smith

Laura Norbut has been named assistant principal of Smith Middle School. She is replacing Kate Lund, who is the school system's new supervisor of secondary English.

Norbut has taught history and social studies at Smith, Glastonbury High School and Westbrook Middle School. She has a bachelor's degree from Sacred Heart University, a master's degree from the College of William and Mary, and administrative certification from the University of Connecticut.

Honoring Richard Lakin

Richard Lakin, the principal of Hopewell School for many years who was killed in a terrorist attack on a bus in Jerusalem last fall, will be honored in a variety of ways when schools open later this month.

A committee of 10 former students and teachers has been working since last fall to come up with ways to honor Lakin, who devoted his life to promoting kindness, understanding, compassion and respect for all.

RICHARD LAKIN

Honoring Richard Lakin

PRINCIPAL OF HOPEWELL SCHOOL 1968 - 1985

Educator

Humanitarian

Global Peace Advocate

Author: *Teaching as an Act of Love*

Richard devoted his life to promoting kindness, understanding, compassion and peace. He encouraged fairness, equality and respect for all people. Richard made the world a better place to live.

Courtesy photo

MR. LAKIN DIED OCTOBER 27, 2015, JERUSALEM, ISRAEL

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Email: info@healthylivingbylucia.com

A large engraved metal plaque will be placed in the main hallway of Hopewell School near the main office, with a special bulletin board for students' stories about acts of kindness and compassion. Quality Name Plate is donating the plaque, and Walker Products is donating the bulletin board.

Hard-cover book collections focusing on topics such as kindness, peach, respect, tolerance and diversity will be given to all six local elementary schools, Gideon Welles and Smith Middle School, along with an engraved plaque stand for each school, also a gift from Quality Name Plate. The book collections were donated by Tracey Pettengill Turner.

Welles-Turner Memorial Library Director Barbara Bailey will display books already in the library's collection to honor Lakin, whom she remembers as a regular visitor with his wife, Karen, and their two children. The committee also will give the library an engraved plaque collection stand with a write-about about Lakin and his work.

In addition, three copies of Lakin's book, "Teaching as an Act of Love," will be donated to each school's professional library for use by teachers. Anne Alvord, who worked with Lakin for several years, is donating the books.

Clothing drive is a success

The Second Chance Shop and the J.Jill store at Somerset Square have worked together to collect more than 250 items during a recent clothing drive at the J.Jill store. The items will be sold at the Second Chance Shop, a thrift boutique that benefits The Village for Families & Children.

"We are grateful to the community and to J.Jill for their support of the clothing drive and, ultimately, The Village," said JoAnn Adams, director of the Glastonbury Auxiliary of The Village, which runs the Second Chance Shop. The shop is at 730 Hebron Ave. and is open Wednesdays from 10 a.m. to 4 p.m. through August 10. Regular hours, Tuesday through Friday from 10 a.m. to 4 p.m. and Saturday from 10 a.m. to 2 p.m., will resume August 16. **GL**

Laura Norbut

Courtesy photo

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Events spotlight

Courtesy photo

Road to Bali

August 26 starting at 8:30 p.m. or sunset

Tobacco shed at the Welles-Shipman-Ward House, 972 Main St., South Glastonbury

Hsgct.org or 860-633-6890.

"Road to Bali," starring Bob Hope, Bing Crosby and Dorothy Lamour is the featured film for the Historical Society of Glastonbury's Third Annual Flicks at the Shed. It will be shown outdoors at the Welles-Shipman-Ward House, 972 Main St., South Glastonbury. $10 donation requested. Rain date is August 27.

Archaeology Day

August 15, 10 a.m. To 3 p.m.

Local archaeological site to be announced.

hoover.diane.daly@gmail.com or 860-633-6890

Once again, the Historical Society of Glastonbury is offering youths and adults a chance to participate in an archaeological dig under the supervision of Connecticut State Archaeologist Brian Jones and members of the Friends of the Office of State Archaeology.

The excavation will take place at what may be the earliest settlement in Glastonbury and one that Jones called "one of the most exciting archaeological sites in the state at present."

Participants will learn the early history and geology of the town, basic techniques of identifying and preparing a dig site, and general procedures of excavation. Space is limited and reservations are required. The fee for students is $10, for adults $15.

Discover CT Bicycle Tour

August 21, 8 a.m. to 3 p.m.

Starts at Smith Middle School, 216 Addison Rd.

discoverct@bikewalkct.org

This bicycling event, which is expected to attract about 250 riders, will offer three rides

of varying lengths. The 10- and 25-mile routes will stay in town, while riders on the 50-mile route will also travel through Hebron, Marlborough, Manchester and Bolton. The rides include cultural and historic landmarks, rest stops, food, entertainment and camaraderie and will take place rain or shine. Registration is $45 for adult riders and $20 for youths up to 12. Riders registering for this event and a second ride in New Britain in September will receive a complimentary commemorative T-shirt. Details are available at bikewalkct.org. GL

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Finding your Muse

Paintbar opens at Somerset Square

by Mara Dresner
Staff Writer

Bringing your inner Picasso or Monet to life just got a little easier with the opening of Muse Paintbar, which opened in June at The Shoppes at Somerset Square.

The concept involves painting instruction combined with beverage and food service.

"We do art sessions. One of our artists will walk the group through how to create the piece in 10 to 15 steps," said Stan Finch, president and co-founder. "It takes two to two and a half hours, and people can enjoy food and drink. We have 12 different beers and 12 different wines, along with tapas-style food."

The company was founded March 2012 and now has 16 locations throughout the northeast, including West Hartford and South Norwalk. The local store is in the space that was home to Pendleton.

Finch said the concept fit with his retail and consumer background.

"I was looking to start something different from the more corporate world, which had been my former background," he said, adding that he likes the ecommerce part of the business. Registration takes place online, where customers also can find what design they'll be painting on a specific day.

Based in New York, he is trying to keep new locations within a certain radius.

"Within five hours on Amtrak. The home office is basically Amtrak," he said.

"We really like the Hartford market," he noted. "We like [town] centers with positive energy."

Participants receive instruction from an artist, acrylic paints, brushes, a canvas and an apron. Food and drink are available for purchase. No art experience is needed. In addition to general public sessions, special sessions will be offered, such as family activities and couples' nights.

The 2,200 square-foot store currently has space for about 40 participants, although they are ramping up to be able to handle more.

"Muse is a combination of an art studio with a restaurant and bar. The goal is to make art accessible to everyone of all ages. Art is not a limited club. It's something everyone can do and we try to help people realize everyone has an inner creative person," said Robyn Levine, the company's area manager and lead artist Robyn Levined.

Levine, who has a degree in Fine Arts of the University of Connecticut, also studied art in Florence, Italy.

"When I got out of school, I was like I have to pay for my loans! Real life hits. I was struggling to find something within my passion," said Levine, who has worked at Best Buy and at a printing company. "When I saw the wanted ad for artists for Muse Paintbar, I thought, 'Oh my gosh, I need this job.'"

Wanting her cover letter to stand out, she included a haiku, which she said was a factor in her getting the job. She's worked for the company since 2013, starting in the West Hartford location.

"[This job] followed in line with my passions," she said.

There are more than 300 paintings in the Muse catalogue. They are all painted by Muse artists. Most are original works, while some are based on famous paintings.

Emily Paskind, a Glastonbury resident and senior account executive at iHeartMedia, has been to the West Hartford location a half a dozen times.

"I am so excited about Muse opening in Glastonbury," she said. "My girlfriends and I love the West Hartford location for girls' nights, and now I am going to take my husband to the Glastonbury location for date night. [It's a] great addition to the town. It's something different and you don't have to be an artist to go. It's a great way to kick back and relax with friends or loved ones and enjoy doing something you wouldn't normally do."

In addition to the public sessions, Muse is available for private parties, in which the organizer picks which painting to create. An original work can be created for any event for an additional fee. A minimum of 12 people are needed for a private session. The sessions can be held for parties, corporate functions or simply a group of friends.

Robyn Levin, area manager and lead artist for Muse Paintbar, has a degree in Fine Arts from the University of Connecticut and has also studied art in Italy.

The walls of Muse Paintbar are filled with original designs created by the Muse staff.

Photos by Mara Dresner

Muse is also available for fundraising events, where 40 to 50 percent is donated back to the nonprofit, and more than 10 percent of each location's profits are donated back to the community to local causes and non-profits.

"We like to operate by what we call conscious capitalism. It allows us to sleep better at night. What we mean by conscious capitalism is looking after the stakeholders involved in a business as much as you look after the shareholders or owners," Finch said. That includes employees, the local community and suppliers.

Finch noted that the sessions truly are for everyone.

"You do not have to be an artist or have experience or talent to come in and create something good and have fun. Even if you think you have no artistic ability whatsoever, which is probably not true, and even if it is, you can create something really good and have fun doing it," he said.

Levine agreed.

"It doesn't matter your artistic experience. You will absolutely be surprised with your results," she said with a laugh. "In a good way!" **GL**

Muse Paintbar is in The Shoppes at Somerset Square. For more information, call 860-415-3300 or visit musepaintbar.com or facebook.com/museglastonbury.

glastonbury LIFE

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TurleyCT.com

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Note from Nancy

A trip through Google

Courtesy photo

Yikes. My head hurts.

At the suggestion of a friend, I looked for myself online the other day. It was a humbling and at times frightening experience laced with some very bizarre coincidences.

I got 363,000 hits on Google.

First I learned that someone with my name defeated Freddy Kruger in "A Nightmare on Elm Street."

I guess that's better than being sliced to shreds by Freddy Kruger, but it kind of freaked me out. Who knew? Obviously, I'm not into horror movies.

Not far down the list I found "Nancy Thompson – Maloney High School."

Oh, I thought. That must be me. I graduated from Maloney High School. But no. A Nancy Thompson works in the Career and Technical Education Department at my alma mater in Meriden. How weird is that?

The next Nancy Thompson is a reporter and editor at a newspaper in a Hartford suburb, but, oddly enough, that's not me, either. This other Nancy Thompson and I have known about each other for many years and chuckle every now and then when people get us confused or, more likely, think one Nancy Thompson works at two publications in neighboring towns. It happens all the time.

Many Nancy Thompsons are in helping professions. I like to think of journalism, at least the way we practice it at Glastonbury LIFE, as a helping profession, but I'm not sure that counts.

One NT is a nurse practitioner specializing in psychiatry at a behavioral health outpatient clinic in Minnesota, one is a physician's assistant at a family practice in Washington, another is a kidney specialist in Georgia. I also found a lab specialist for a neuroscience program at Wellesley College, a psychiatrist in Florida, a psychologist in Boise, Idaho, and a licensed clinical social worker in Texas. Is Google trying to tell me something about my mental health?

The somewhat grainy photo above is Nancy Thompson, who was a Cherokee missionary in the early 20th century. I'm sure she helped many people in her time.

So much for do-gooders. Please remember that I do try.

We're all over academia, as a professor at the University of South Carolina, a historian at Marylhurst University in Oregon, a professor emerita of pathology and laboratory medicine at Brown University in Providence, the principal of an elementary school in Maryland, a faculty member at St. Olaf College in Minnesota, a professor at Clark College in Vancouver, Washington, and the dean of students at Hamilton College in Clinton, New York.

We're artists, too. Nancy Thompson is a professional photographer in Orange County, California, a landscape artist in Ames, Iowa, a painter in Snow Hill, Maryland, and a knitter and beader in Roswell, Georgia. Her favorite materials for jewelry are yarn, sterling silver, polymer, clay, needles and aluminum, and you can check out her work at esty.com.

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Nancy Thompson is a boxer from New Jersey who, according to a San Diego press report, "gets into the ring and mixes it with the men. If she can't find any women who want to trade left hooks with her, and she usually can't, she is not averse to working out with some of the bigger, stronger, gentlemen of the trade." I've done boxing fitness classes for several years but have never hurled a left hook at anything more threatening than a big black punching bag.

I also found several Nancy Thompsons through their obituaries, dead at age 64, 67, 69, 70, 71, 74, and 75. Given my age, that was the scariest find of all.

Finally, on the 16th page of hits, I found myself – listed as a staff member at Turley CT Community Communications. Those other NTs? They can have their titles and their degrees and their fame. I love what I do and wouldn't trade it for anything.

– Nancy Thompson

August calendar

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

2 Ice cream social, 1 to 3 p.m., Addison Park, 415 Addison Rd. No charge for pool patrons. Rain date August 3. 860-652-7679 or recreation@glastonbury-ct.gov.

4 Cooking demonstration with Chef Renee featuring summer's bounty, 6:30 p.m., Friends Room, Welles Turner Memorial Library, 2407 Main St. Registration required. 860-652-7720 or wtmlib.com

8 Board of education, 7:30 p.m., town hall council chambers, 2155 Main St. 860-652-7961 or glastonburyus.org.

Yoga for youths entering grades 7 through 12 with Stacie Kaye, 11 a.m. to noon, Friends Room, Welles-Turner Memorial Library, 2407 Main St. Space is limited. Register at 860-652-7720 or wtmlib.com.

9 Introduction to acupuncture with naturopathic physician Jonathan Goodman, 7 to 8 p.m., Welles-Turner Memorial Library, 2407 Main St. Registration required. 860-652-7720 or wtmlib.com

11 Coloring for stress relief, 5:30 to 7 p.m., Riverfront Community Center, 300 Welles St. 860-652-7679 or recreation@glastonbury-ct.gov.

Fifth Annual High Five Tour and Car Show sponsored by Monaco Ford, 5 to 8 p.m., 767 New London Turnpike. Event will benefit Wounded Warriors Family Support program.

15 Archaeology Day with Connecticut State Archaeologist Brian Jones, 10 a.m. to 3 p.m., at an archaeological dig in South Glastonbury. Age 12 and older. Students $10, others $15. Registration required. Hoover.diane.daly@gmail.com or 860-633-6890.

Walking Shorts book club for adults, 6:30 p.m., Welles-Turner Memorial Library.

16 Town plan and zoning commission, 7 p.m., town hall council chambers, 2155 Main St. glastonbury-ct.gov.

20 Dish Restaurant family dinner featuring Chef Van HurdWilliam Carbone, 5:30 p.m., Killam and Bassette Farmstead, 14 Tryon St., South Glastonbury. $90. KBFarmstead.com or 860-833-0095.

21 Discover CT Bicycle Tour, 8 a.m. to 3 p.m., Smith Middle School, 216 Addison Rd. 10-, 25- and 5-mile rides available. $45 for adult riders, $20 for youths up to 12. Contact Susan Smith at discoverct@bikewalkct.org.

23 Coloring Club, 6:30 to 8 p.m., Friends Room, Welles-Turner Memorial Library, 2407 Main St. Registration required. 860-652-7720 or wtmlib.com

25 Coloring for stress relief, 5:30 to 7 p.m., Riverfront Community Center, 300 Welles St. 860-652-7679 or recreation@glastonbury-ct.gov.

26 "Road to Bali," part of the Third Annual Flicks at the Shed, starting at 8:30 or sunset outdoors at the Welles-Shipman-Ward House, 972 Main St., South Glastonbury. $10 donation requested. Rain date August 27. Hsgct.org or 860-633-6890.

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People Notes

James Quigley, a fifth-grade teacher at Naubuc Elementary School, and Stephen Wood, orchestra teacher at Gideon Welles and Smith middle schools, received the 2016 Red Apple Award from the town's Parent Teacher School Organization in recognition of their outstanding contributions to local schools.

Jennifer Stassen, a math tutor at the Buttonball Lane School, received the Friends of Glastonbury Youth Distinguished Service Award in recognition of her contributions to community groups, the Buttonball Lane School PTO, Glastonbury High School's safe graduation program, and for designing costumes for school plays and dance recitals throughout the year.

Susan Davies Sit presented a seminar on Welsh family history in East Putney, VT. Sit, a member of the Welsh-American Genealogical Society, Inc. in the U.S., the Gwynedd Family History Society in the United Kingdom, and the president of the Welsh Society of Western New England, has been a family history researcher for more than 40 years.

Thomas A. Cordier, a psychologist, has written An Introduction to the Interpersonal-Cognitive Behavioral Therapy Treatment System: A 21st Centuty Recipe for Mental Health Treatment Success.

Lori Rodden has been named to the board of directors of Susan G Komen Southern New England. Roddin, vice president of human resources for The Hartford Financial Services Group, Inc., is a three-year breast cancer survivor.

Mitchell R. Insero, a business advisor with CohnReznick LLP, Michael P. Jordan, a tax partner with BlumShapiro, Lany Pfeifer, a senior accountant with Barron, Yanaros & Caruzo, P.C., and David B. Reynolds, an assistant vice president and financial advisor at Uniter Bank, Infinex Investments, Inc., have been named to the advisory council of the Connecticut Society of Certified Public Accountants.

The following students have earned undergraduate or graduate degrees: **Michael Bucior,** University of Dayton; **James Barlow, Lauren Bellfy, Alexander DiSanto, Emily Ford, Rachel Fredericksen, Charles Houle, Caroline Kimball, John Mullaney, Shawn Robbins,** and **Morgan Smith,** the University of Vermont; **Christopher Rousseau, John Schulz, Nicholas Colasante, Austin Radin, William Finn; Elizabeth Burke,** Tunxis Community College; **Alexander DeGrasse** and **Breana Derella,** Union College; **Katherine Elizabeth D'Amica,** James Madison University; **Mitra Marvasti-Sitterly, Colin Cunningham, Tatiana Huet De Bacellar, Jason Philhower, Eric Crevoiserat** and **Zachary Nado,** Worcester Polytechnic Institute; **Brian D'Auteuil,** Colgate University; Michelle Bedard, **Samuel Bosco, Andrew Hassett, Aaron Mandell** and **Molly Woods,** Marist College; **Audrey Yandow,** the University of San Diego; **Michelle Kaufman, Ithaca College** and **Ashley Wilson,** Hofstra University.

Lori Rodden

Courtesy photo

Kristopher Neild, a 2005 Glastonbury High School graduate, will marry **Sabrina Hunter,** a South Carolina native he met while attending Clemson University, September 3 at his family's lake house in East Haddam.

Hunter is the daughter of Darlene Czeiszperger and her husband, Julian, of Summerville, SC. Neild is the son of Justine Neild and the late Kenneth Neild. The couple lives in South Florida. **GL**

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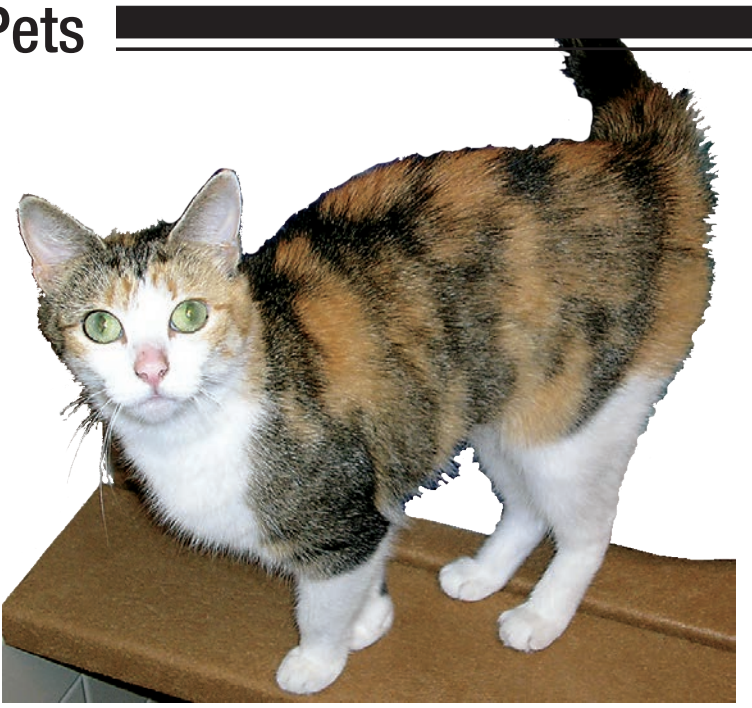
Bella the dog

Bella the dog is 4 years old and a terrier/pit bull mix. She has a friendly disposition and loves attention. Her ideal home would be either a single-family residence or condominium. Other dogs are OK, but she has no use for cats. Children need to be 6 or older. She has a high activity level and needs daily exercise. A family with prior active dog experience is preferred.



Bella the cat

Bella the cat has some calico and tiger aspects to her beautiful fur. She is a 2-year-old domestic shorthair. This sweet girl craves an active home with people who have prior experience with cats. She would fare well with teenagers and adults, but not younger children. **GL**

Inquiries about adoption may be made at the Connecticut Humane Society, 701 Russell Road, Newington. Call 860-594-4500. More information, including videos, can be found online at cthumane.org. Click on "Adopt" and "Newington." The Connecticut Humane Society is a private organization and has no time limits for adoption.

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Slice of LIFE

photos by Brian Ambrose

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4

The 148th Annual Strawberry Supper

It was a beautiful late spring evening for the 148th Annual Strawberry Supper hosted by the Glastonbury United Methodist Church. Both seatings were filled to capacity as hungry guests enjoyed ham with baked beans, potato salad and cole slaw, ending with strawberry shortcake with local strawberries, home-made biscuits and whipped cream. 1. Diane Linger serves her baked beans. 2. Lois and Phyllis Sandberg have been coming to this event since they were young children with their grandmother. 3. Sherry Cesana hustles to get ham dinners to diners. 4. Dave Langan prepares plates. 5. Mary Buckley works on the cole slaw line. 6. Martha Addington prepares ham. 7. Anthony Direnzo enjoys his first time with the team. 8. Anne Mount has a tray ready for the servers to pick up. She has been working this event for over 33 years. 9. Carol Quish and Lorraine Decker, a mother and daughter team, have been a part of the annual event for many years. 10. Addison Jerr takes a huge bite of the strawberry shortcake as her sister, Annelyse, looks on. 11. John Delponte keeps coffee pots filled. He has been working this event for 25 years. 12. Marilyn Sullivan has been working here for the past 55 years and is an expert on the strawberries. 13. Eileen Crawford adds a generous dollop of home-made whipped cream on the shortcake. 14. Georgia Chase and June Seely enjoy their strawberry shortcake.

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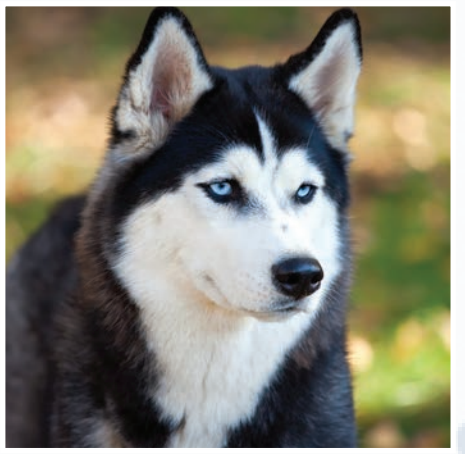
PETS



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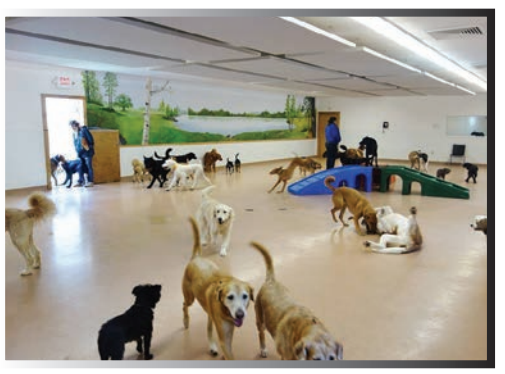

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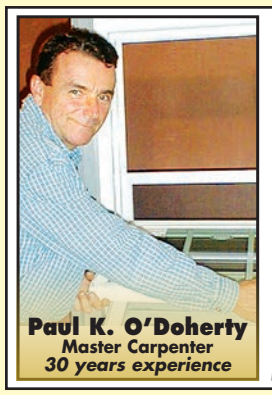

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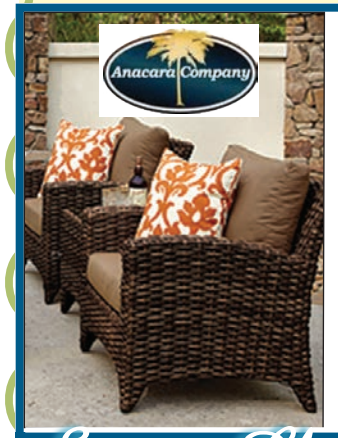

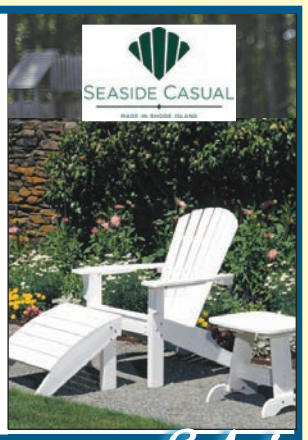

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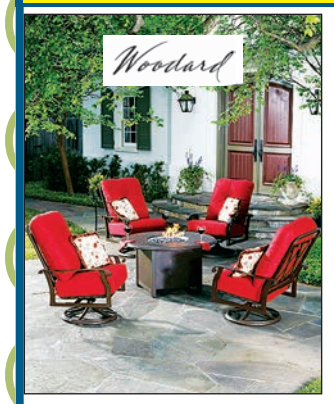

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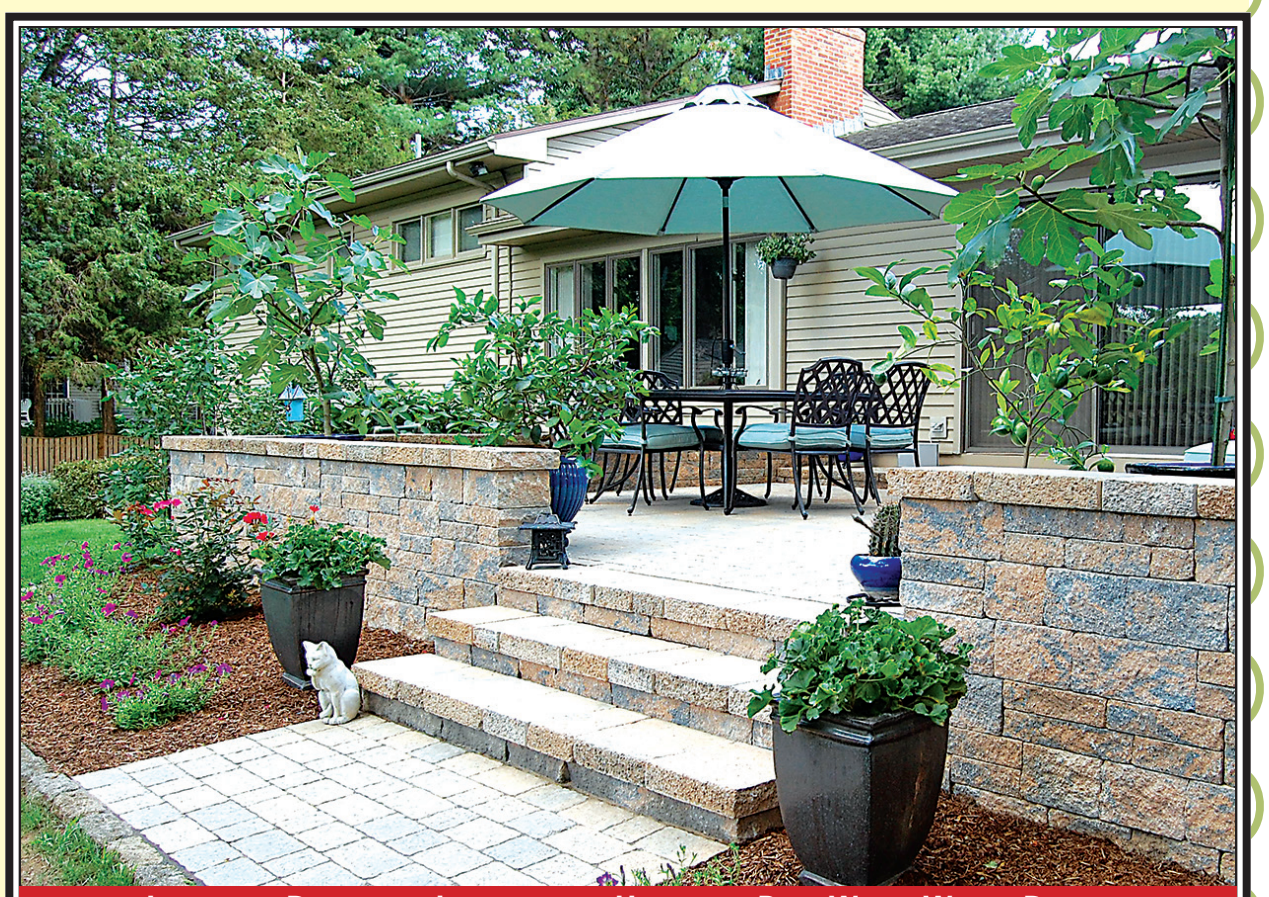

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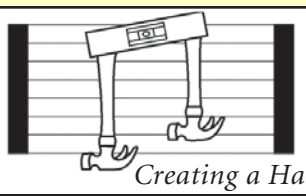

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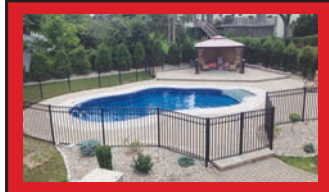

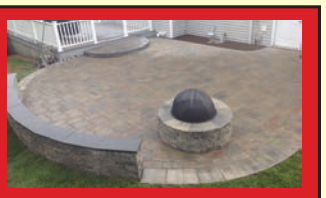

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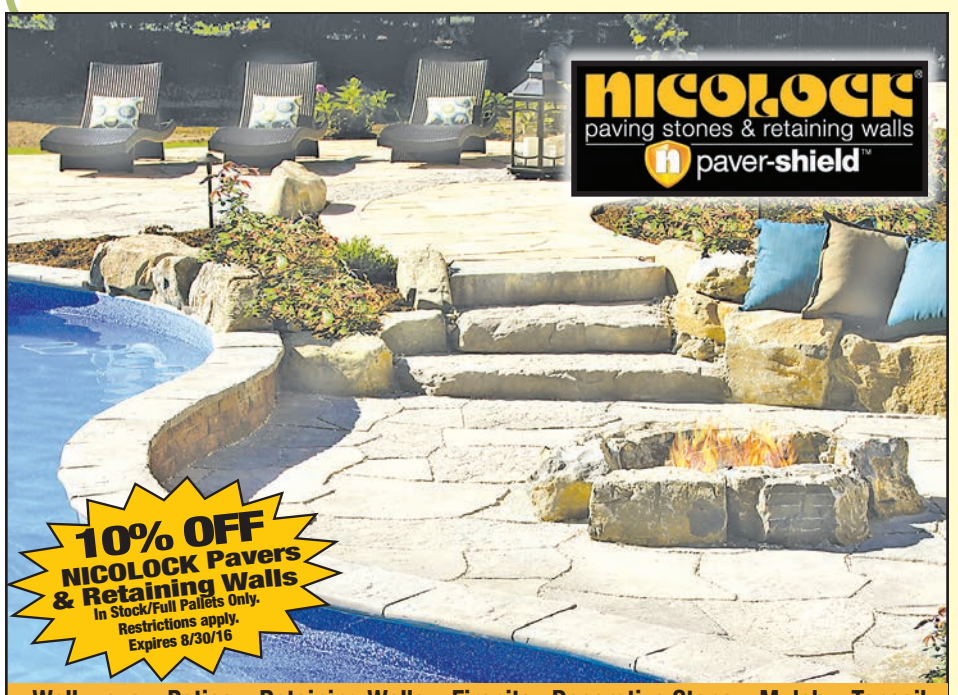

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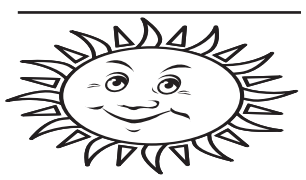

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7 CROSBY ROAD
Glastonbury, $699,900
Kamis-built in private cul-de-sac neighborhood. Kitchen w/granite, large island & stainless steel appliances. 4 beds; 3.1 baths; 3754 sq. ft.

56 HORIZON LANE
Glastonbury, $562,900
Meticulously maintained & decorated, gleaming, dark hardwood floors, renovated kitchen & baths. 4 beds; 2.1 baths; 3499 sq. ft.

50 BROOK STREET
Glastonbury, $299,900
Kitchen features granite counters, bright white cabinets. 2 main floor beds w/full renovated bath. 4 beds; 3 baths; 2664 sq. ft.

27 LAZY VALLEY ROAD
Glastonbury, $674,900
Neighborhood! Beautifully maintained, warm inviting decor, very special newer colonial in private enclave of homes. 5 beds; 3.1 baths; 4116 sq. ft.

113 COLTON ROAD
Glastonbury, $789,900
Improved Price! Superior architectural details; built-ins, & more! 1st floor bedroom w/office & full bath. 5 beds; 5.1 baths; 4273 sq. ft.

80 GRANDVIEW DRIVE
S. Glastonbury, $394,900
Grand contemporary with soaring spaces and entertaining areas in a neighborhood of other fine homes. 4 beds; 3.1 baths; 3091 sq. ft.

113 MIDDLE HADDAM ROAD
Portland, $597,500
Home in park-like setting of 34 acres, first-floor master suite includes a dressing room, his & her baths. 5 beds; 6 baths, 4412 sq. ft.

162 RIDGE ROAD
Glastonbury, $619,000
Hartford skyline views just the beginning! Large kitchen, 1st floor bed/office, 2nd floor Master suite. 5 beds; 5 baths; 4795 sq. ft.

76 SPELLMAN POINT ROAD
E. HAMPTON, $699,900
Meticulously rebuilt from top to bottom, lake front home on highly desirable Spellman Point. 3 beds; 2.1 baths; 2438 sq. ft.

51 LIBERTY DRIVE
S. Glastonbury, $759,900
Custom, Catarino built, brick home in popular neighborhood! Open floor plan, granite/cherry kitchen. 5 beds; 5.1 baths; 4674 sq. ft.

ADENA'S WALK DEVELOPMENT
Glastonbury, $447,265
#18 Tarragon Model with the most contemporary feel of all our models. 3 beds; 2.1 baths; 2266 sq. ft. Additional Units available. 55+.

Glastonbury Lots & Land
S 3 Ash Swamp Rd., 36.2 acres **$500,000**
121 Chamberlain Ln., 2.53 acres **$299,900**
125 Chamberlain Ln., 2.56 acres **$239,000**
Lot 156E Main St., 6.62 acres **$175,000**

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